

Tahi 2022



Art work by Josh Aculana

The people's school since 1957

2022 STAFF



PRINCIPAL

Mr W Ford: MBS, DipSp.St, PG DipSp, DipTchg, TTM

DEPUTY PRINCIPALS

Mr B Reid: MSplS, BLS, DipTchg, Unitech Cert in Sport

Mrs D Manu: BEd, DipTchg, GDJst, MEd TESOL

Mr S English: BA(Hons), PGCE, PGCert DCL

HEADS OF DEPARTMENTS AND TEACHERS WITH RESPONSIBILITIES

Guidance

Mrs P Edsall: MCouns (Hon), Dip.Tchg, TTC, BA

Mrs G Hughes: MSc(Hons), MCouns(Hons), DipTchg

English

Mr R Browne: BA(Hons), PGDipTchg

Languages/Arts

Ms T Tarai: BEd, DipTchg

Mathematics

Mr A Phayer: BSc, DipTchg, CNA

Physical Education/Sport

Mr N Manu: BEd, DipTchg

Science

Mr Alan Utanga: NZCE(civil), BA(Hons), BSci, MA, DipTchg

Social Sciences

Mr M Olsen: BA, DipTchg

Learning Support

Mrs J Ngatipa: BEd(Hons), PGCert DCL

Technology

Mr E Hamman: HDipEd

Service Academy

Mr R Stott: Dip OLR, CET

Pa Harakeke Teen Parent Unit:

Mrs I Hakaria: MCouns(Hons), PGDip Maori Ed, BTchg, NZ DipBus

Te Ao Maori

Mr P Winikerei: BMs, PGradDipTchg

TEACHING STAFF

Mr S Tito: BTchg

Mr D Baker: BMA(Hons), DipTchg, PGDipEd, MEd(Hons)

Miss A Chung: BA, DipTchg

Mr W Maea: GradDipTchg, B.Lib.St, Adv.Cert.Ter.Tchg

Mrs T Solomon: MEd, BTchg(Hons)

Mrs K Fowlie: BSc(Chem), DipTchg, NZDipAgBusMgt

Mr N Fa'agalau: BTchg

Mr T David: BSced, BSc Hons, GradDipApplStats, PGDipSc, MSc

Miss T Ford: BSPLS, DipTchg

Mrs S Chandra: MA Ed, PGDipEd, BEd, Cert.TESOL, TGATECert, PGCert DCL

Mr D Tereu: BSocSci (Hons), DipTchg

Mrs R Lal: BEd(Sec), GradDip(Pri), PGDipEng, DipEd(Sec)

Ms R Miller: BTchg

Mr K Ngapo: BA(Hons), GradDipTchg, MA(Hons), TTH(Hons)

Mr B Tahau: BSPLS, DipTchg

Miss L Jacobi: DipTch(Sec) BSc(Bio)

Mrs E Lotter: HDipEd

Mr G Surucic: LLB(Hons), PGDipSportMgt, MIR, GradDipTchg

Mr C Hakaria (Jnr): BSPLS, DipTchg

Mr Parkinson: BA, BA Hons), MSc, GradDipTchg

Mr R Carroll-Maher: BA, GradDipTchg

Mrs H Dunn: JP, MC, MM&Mgt, PG.Dip.BilTchg, TTC

Miss C Tavai: BPe

Mrs S Singh: PGradDipEd, BEd, Dip PVL, PGCert DCL

Mr M Ahsin: LAT

Mr K Joseph: LAT

Mr S Kumar : BScGCED

Mr P Chandra: MBA, PGCert DCL, BEd, DipEd, Cert.TESOL

Mr H Burke: BVA, DipTchg

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Ms P Kelly

Principal's Personal Assistant:

Mrs E Appel

Attendance Officer:

Mrs J Jowett

Sub Assistant:

N Tahere

Reception:

Miss T Jessop

Technology Technician:

Mrs L Maea

Caretaker:

Mr K Rugg

Reception/NCEA:

Miss A Watene

Sports Coordinator:

Mr T Teaukura

ICT Manager:

Mr R Trotter

Gateway Coordinator/Science Technician:

Ms D Collins

Groundsman:

Mr N Bell

Library Managers:

Mrs L Henderson

Kamar Assistance/Data Analyst:

Mr B Rothman

Mrs L Coffin

Kitchen Assistants:

Miss A Raihe

Manager of Healthy Lunches Programme:

Mrs A Taniwha

Mrs L Quaife

Cook/Chef:

Mr H Vano

Miss M Putt

TEACHER AIDES

Ms Y Voss

Mrs D Dewhurst

Miss R Ford

Miss J Manu

Ms S Kara

Mr I Marriner

Mrs R Siaki

Mrs C Kemp

Mr N Tumanuvao

Miss N Tahere

Mr S Aranui

Mrs K Fraser

FROM THE PRINCIPALS DESK

Kia Ora, Kia Orana, Talofa Lava, Malo e Lelei, Goeie Dag, Ni Hao, Namaste, Kumusta, Selam, Mhoro, Greetings.

It is my pleasure to share with you a few words as we reflect on 2022. I begin by describing a very special place.

There is a place a long way away, where jobs are easy to find.

Boys leaving school can gain employment in Forestry and girls can gain employment in the Sewing industry. Many apprenticeships are available, either at a huge industrial site located nearby or in trade training apprenticeships programmes in large cities. Students can also gain a trade qualification by leaving school at 16 to join the Navy. Many students opt to follow their fathers into local employment at the industrial mill or at the number of smaller mills around the town. The mantra "Jobs are plentiful – workers are in short supply" was frequently heard. A small number – 15 students – progress to university, to study law, medicine or engineering.

Food is relatively inexpensive in this place. Milk is delivered to each house and purchased with tokens. There is a bread factory in town and freshly baked loaves can be purchased from the factory at 5am in the morning. Vegetable gardens and fruit trees adorn the back half of many residential sections. Vegetable and fruit vendors from other towns frequently bring their produce to sell on streets. There is an abundance of butcheries, fish shops, fruit and vegetable shops throughout the town. There are only two take-away shops in the town.

There is a health care system which is not overburdened. A health system which appears to care about people. It is relatively easy to see a Doctor or book a medical appointment. Doctors are even known to make emergency home visits at night. There is a hospital where surgeries are conducted and where patients remain while they recover. Careful monitoring of each patient takes place to ensure appropriate recovery. The same level of care occurs at the nearby maternity hospital, where mothers remain for two weeks following the birth of their child. These mothers are supported and provided with guidance on baby care.

A family with young children can easily access a deposit to purchase their first home. It is a place where petrol is inexpensive. A place where personal tax rates are higher, though the trade-off is having superior health care, cheaper public transport, cheaper power/electricity, cheaper phone services and cheaper food.

BACK IN TIME TO TAHI 1972



UNIFORM

Seventh Formers are surely mature enough to decide for themselves their manner and style of dress, comfortably enough to provide unrestricted movement and with any touches of colour they choose. Wearing a tie and jacket or jersey is not my idea of comfort. Instead of asking for things like the wearing of sandals with the summer uniform, why not strive for the abolition of uniform altogether?

A uniform is something that is worn in the army or other armed services. We are here to learn, and to learn to think for ourselves, not to be drilled or moulded into a certain stereotype which suits our society.



This place was Tokoroa 50 years ago.

Despite the nostalgia and the stark realities of comparisons between life five decades ago and today, there is optimism in what we as a school can do to improve the quality of education for our students in 2022 and beyond. Continuing our work on improving equitable outcomes for all learners requires persistence in the on-going development of a culturally responsive curriculum and the use of effective pedagogy. We already have an inclusive school environment that promotes whakawhanaungatanga. We refer to Tokoroa High School as “the people’s school”. The “nature of care” is already embedded in our school. Our staff work the extra hours to support student achievement across academic, cultural, arts, and sporting fields. There is therefore positivity in working with our students to overcome the challenges they may be facing. The “nature of care” exists through knowing our student’s stories. Being able to provide for every student, the intent of our Tokoroa High School Mission Statement which is - *“The Best and Highest Qualifications for All”*.

In Memory

As in past years, there has been sorrow and heartache with the passing away of so many people from our school community. On behalf of Tokoroa High School, I wish to express our condolences and sympathy to you all.

Hei Maumaharatanga – In memory

Best Wishes

Wishing our students, families all the very best for the New Year and for the future.

No reira, tena koutou, tena koutou, tena tatou katoa

Willie Ford

BACK IN TIME TO TAHI 1972



VISIT TO FORESTRY RESEARCH INSTITUTE, ROTORUA

On March 16th a group of Sixth and Seventh Formers attended an open field day at the Forestry Research Institute at Rotorua.

Of particular interest was the research carried out in the labs and the practical experiments in making paper. Also of interest were the nurseries where research is being undertaken on the development of stronger, faster growing species of trees.

A number of other schools also attended this open field day for a number of career opportunities became apparent, and several students thought they might like to work there.



DEPUTIES CORNER



As the year draws to a close I would like to take this opportunity to wish all students and their caregivers an enjoyable summer break. For those students whose time has come to leave our Tokoroa High School Community and move on to other things I would like to wish you all the best in whichever path you choose to follow.

Life is a journey, enjoy the trip. Aim for the sky but move slowly, enjoying every step along the way. It's all those little steps that make the journey complete. The Journey is the reward.

Every person has a different experience, a different destination and itineraries to tick off. However, it's a journey that we must learn to savour, cherish and treasure. Everyone has a different meaning to their journey as well. Life's journey is filled with roadblocks and achievements and as we search for life's meaning we may come to realise that by savouring the question the question is answered.

As I write this there is much talk of doom and gloom on the economic front, for 2023. Life will throw at us what it will. There is much about life we can't control, but there is also much that we can. And the main thing we can control is how we choose to react to those triumphs and calamities that inevitably pepper the journey.

Ka Kite

Mr English

Words from the Quote Master Mr Reid

SELF-EFFICACY

noun [U]

PSYCHOLOGY specialized

US/ ,self'ef.ə.kə.si/

A person's belief that they can be successful when carrying out a particular task : Perceived self-efficacy refers to people beliefs about their capabilities to exercise control over their own activities.

"Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness, that most frightens us. Your playing small does not serve the world. There is nothing enlightened about shrinking so that other people won't feel insecure around you. We are all meant to shine as children do. It's not just in some of us; it is in everyone. And as we let our own lights shine, we unconsciously give other people permission to do the same. As we are liberated from our own fear, our presence automatically liberates others."

(Timo replying to Coach Carter in the movie Coach Carter)

This quote by Timo highlights the importance of self-efficacy. By believing in yourself, you can strengthen your interest and commitment to a given task, and recover faster from setbacks. The message is to stop fearing your own power and shine.

Albert Bandura can be credited with pioneering research into self-efficacy. Bandura states that "In order to succeed, people need a sense of self-efficacy, to struggle together with resilience to meet the inevitable obstacles and inequities of life. Self-belief does not necessarily ensure success, but self-disbelief assuredly spawns failure."

Success and failure are largely self-defined in terms of personal standards.

It is time that we all believe in ourselves more, we are capable, we can achieve what we want. We are strong, we are resilient, we are powerful.

BELIEVE IT AND YOU CAN ACHIEVE IT!

HEAD BOY



Corrin Cody-Pio

TIME FLIES, IT'S ONLY NOW IN 2022 AM I REALIZING HOW TRUE THIS STATEMENT IS.

My high school life is nearly ending, and I can't help but remember all the best moments I have had with the school from playing sports at national level to thriving in class. However, my favourite memory of high school was playing one held with everybody during lunch in year 9. This was the best part because it was then I got to see everyone, laughing with them, having fun, and even arguing about the rules. I won't lie and say 2022 was easy to deal with. This year had been one of the hardest and personally, it was difficult to be involved with all my duties as head boy while trying to keep active with my sports and schoolwork while thinking about my future. However, I wouldn't have it any other way, and I want to thank the school for letting me represent Tokoroa High School throughout the year. In the end, I ran a camp for our STARS program with our staff, head students, and mentors. Additionally, I was able to attend a young MP meeting, a Youth leadership function hosted by WACT, a HEADZUP function, and many more.

I will forever be grateful to Tokoroa High School for all the opportunities it had offered me throughout my years there. Thanks to the school I had the privilege to participate in the following.

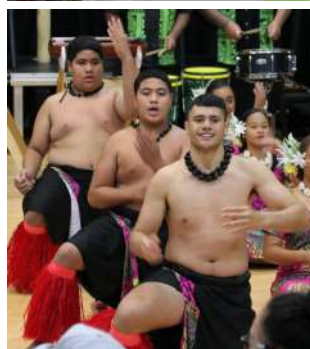
- Puna Vai Ora
- SIE program
- Several sports teams
- Cactus program
- STARS program
- First XIII Rugby League National

I would like to thank all the teachers who have been involved with my high school life as I am extremely thankful for your huge commitment and encouragement towards students. Especially Mr Utanaga, Miss Tarai, Mrs Solomon, Mrs Faagalu, Miss Chandra and Mr Chandra who has been there supporting me since my first year at Tokoroa High School with my studies and connecting me with my culture. Apart from this I also like to thank Mr Hakaria for running the SIE program which has been one of the funniest years of high school. I would also like to give special thanks to Te Whanau a Noa manager Bishop Maae, Te Whanau Coaches Tama and Mr Manu for pulling in a rugby league national team last minute creating one of my biggest highlights at high school of playing rugby league at national level. Finally, I want to give a massive thanks to our principal Mr Ford for always being passionate about Tokoroa High School and its students organizing programmes and events for us to learn from. To sum it all up I appreciate all the things you all have done for me over my schooling years and will cherish all of the memories, laughs, growling's and advice I have experience with each of you as I continue my life at Waikato University studying engineering.

I won't say goodbye, but I look forward next time we met.

Up the GREEN AND GOLD and Te Whanau A Noa!

Your Head Boy of 2022
Corrin Cody-Pio



DEPUTY HEAD GIRL



Brooke Jansen

Wow... it's hard to believe how fast these past five years have flown by. We began school in year nine as the low men on the totem pole. And now here we are top of the food chain about to enter the big wide world and once again be those low men on the totem pole.

It's been a long five years, but also a short five years. One of my favourite memories from across my high school time was getting up early and watching the UEFA Euros in Mr Chandra's class with some of the teachers and students. Football has been a big part of my school life over the past few years. I may not have been an active player but I attended most games as student photographer and many of my favourite high school memories have come from being involved in the footy. We've been to stadium games, fundraisers, volunteered at events and quickly became more of a family.

Up the highlighters!

The biggest highlight for me this year was our STARS programme. We had such a cool bunch of year nines entering the school this year and along with our peer mentors, we really made the most of our time together. From STARS camp to games each Wednesday, we made the most of our time together to become more than students and mentors, we became friends.

Deputy Head student is a big role to fulfil. I have attended Anzac day on behalf of our school, been to leadership days with Headzup and been to youth advisory board meetings hosted by our Taupō youth MP, Sophia Goodrich and Taupō MP, Louise Upston.

As I come to the end of my high school experience, it's a truly bittersweet feeling. Tokoroa High School quickly became my second home, providing me with academic support, an encouraging environment and of course, over the past two years, the FOOD (especially this past year!)

We started and now complete this whole process with teachers. For this reason, the efforts made by the teachers cannot go unappreciated and I want to say a MASSIVE thank you to all of my teachers who quickly became the biggest influences in my life. In particular to Mr and Mrs Chandra. To Mrs Chandra - Dean of Fortitudo and teacher in charge of us head students - I would have never been in this leadership position without the encouragement and support of Mrs Chandra. And to my tutor teacher of three years, Cuz. Thanks for being the biggest support in my academics and general life. Thanks for the early morning rides to soccer and the unwavering dedication you've given to every student you meet.

I'll miss hearing Mrs Tarai singing for Kauri on athletics day, I'll miss the click of the chess timer in the library during chess club, I'll miss stars each Wednesday, homework class each Tuesday. Perhaps I'll even miss Team Geo, and having to wait in the long lunch line. But most of all I'll miss the students who I've become friends with and suddenly won't see every day.

I encourage everyone to push beyond the limits they've set themselves, to not aim for mediocrity, but to aim for their own version of greatness

Brooke Jansen – class of 2022 - signing out!!



DEPUTY HEAD GIRL



Paris-Manea Bennion-Lindsay

Where has the time flown? It's a little overwhelming to know that my time at Tokoroa High School has come to an end. Honestly, in year nine, I wouldn't have even thought about these last moments, but here we are. In 2018, I walked into school as a year 9, oblivious to the opportunities that were waiting for me. In 2022, I'm walking out with experiences that have changed my life for the better. Provided with the best support from my Teachers, Friends and Family; I was able to indulge myself into cultural groups like Puna Vai Ora, Sports, (rugby & league) Service Academy and becoming a Deputy Head Student. Was it all easy? Absolutely not! It took a lot of hard work, courage and a lot of discipline to be able to get through it all. Was it worth it? Yes, and despite the challenges, I would do it all over again in a heartbeat!



Tokoroa High School offered me so many opportunities, where I was able to create unforgettable memories and highlights. Some of them were:

- Participating in THS Girls Rugby team
- Became a Stars Mentor
- Winning the last Pasifika by Nature competition
- Completing Induction Camp
- Becoming one of two Deputy Head Girls for 2022
- Participated in THS first female National League team



Although I'm stepping out into the big world with excitement, I cannot leave without acknowledging those who made a big impact in my life. To my Teachers, Mrs Fa'agalu, Ms Tarai, my two Miss Fords, Mr Tahau, Mrs Solomon, Mr & Mrs Chandra as well as Staff Stott; my gratitude goes out to you as you all have helped me on my journey through High School and taught me many valuable lessons that I will take with me into adulthood. I'm thankful for my family who helped me overcome every obstacle I had in my path and for having faith in me, when I didn't have faith in myself. I am very grateful for my friends, for always having my back and for walking with me through my challenges, with no judgement or questions. But most of all, thank you to my Heavenly Father, who made it all possible and for blessing me with these amazing people. Without all of you, my journey would have been very difficult and impossible.



To the students that I'm leaving, don't be afraid to step out of your comfort zones as it may help you grow as a person and don't be afraid to be different! Take every opportunity you can because you might not get it ever again.

To my year 13 group, live your life to the fullest and cherish every moment! I am so proud of you all so much, for completing year 13. Don't be a stranger in the world and I look forward to seeing what the future holds for all of us!

Signing off as Deputy Head-Girl,
Paris-Manea Bennion-Lindsay.



THE WAIHOU RIVER

By Bella Rose-Lee

Laughter and screams of joy are the first thing that greet me as I step out of the cool air-conditioned car, my flip-flops crunching and crackling on the gravel. Next is the heat, blazing rays of the Sun hammer down onto my bare shoulders, shading them a rosy pinkish colour in minutes.

With my towel slung over my shoulder I make my way down the sloping hill. The trickling sound of the water rushing over and around solitude rocks pulled my gaze from the dry grass under my shoes. The sun danced through the trees enclosing the space, sending slivers of light onto the flowing water. The light jumped and moved on the water making the stream appear to be littered with small multi-colored diamonds. At the bend in the stream larger rocks peak above the surface. Clean blue water turns a bubbly white mess as it collides with the rocks, before calming again becoming the crystal blue it was before.

Dropping my towel I make my way to the wooden ledge at the edge of the water. A bead of sweat slips from my hair-line and snakes its way down my back, sending a shiver down my spine. I watch as the water caresses the green patches of lichen, swaying it in an ever lasting dance. I prepare myself then launch off the platform, for a split second the wind touches my face before I plunge into the water, sweet relief from the freezing water runs through my body. The cold pounds onto my closed eyelids as if trying to break its way through them, I gasp for breath when I surface the blistering cold knocking the breath from me. I float on my back, watching the small birds in the trees above, slowly moving with water.



DIGITAL ART

created by Josh Aculana

Te Rito

The last few years have been challenging given Covid restrictions on our Māori formalities. But finally, things have opened up for our Te Rito students like meetings, sports teams etc. Next year we can start having more powhiri and Noho marae for our students to enjoy.

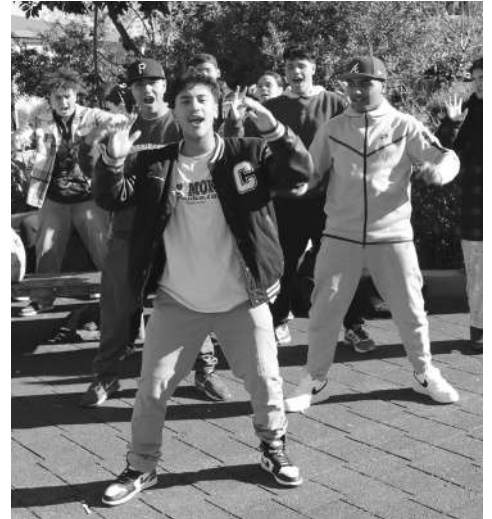
This year has seen some great student achievements. Many have achieved some great feats. To name a few Tiana Manu Griffin has been dominating the country in her business ventures and young enterprise with her oil and soap products. These have taken the country by storm. We congratulate her for the tireless hours spent putting in all the hard work. We wish you all the absolute best for next year. Jay Redden also highlighted her fashion by designing shirts and hoodies congratulations for your fine efforts Jaye. To all our Year thirteen students departing us. We wish you all the absolute best on your future endeavours. Know always that you will remain a part of Te Rito. Call in whenever you are back in town. We hope to see you all graduate at university in the forthcoming years, or venture into an impressive trade or job of your choice - the world is your oyster.

To my tutors a word of thanks. You have all done a tremendous job of keeping the students on track whether it has been to tracking students' academic achievement to their attendance; know that each and every one of you have done a brilliant job. I would like to thank SMT for always being there and supporting our Māori students and to all other staff that have supported Te Rito in anyway this has not gone unnoticed. Whether it is supporting the cultural endeavours of our students, or just helping out with extra work with our students they are all worth it.

Over the break, take to time to support your personal growth students. Love your friends and family. Take care of one another and give service to those who may need it. Part of being in Te Rito is about a personal journey of spiritual growth and also supporting others. We are all whanau – Te Rito proud.

Nga mihi

Mr Ngapo



SERVICE ACADEMY

The Tokoroa High School Service Academy (SSA) has had an extremely challenging, but positive 2022.

This year saw the introduction of the year 10 class. Which has had an emphasis on physical training, parade drill, self-improvement and self-discipline. While students struggled at the start of the year, they have risen to the challenge and are now regularly completing 2.4km runs and other physical training much faster than they used to. They have also learnt how to march and perform most parade drill commands in time.

During term 1, the year 12 students traveled to Waioru military camp for a 6-day induction course. This was a much shorter course than normal due to Covid-19 restrictions, unfortunately we were unable to complete the course due to a number of students contracting Covid-19. While we were there students learnt a number of skills, including parade drill, physical training, self-discipline and much more.

In term 2, 3 students were selected to take part in the SSA Basic Leadership course at Ohakea air force base in the Manawatu. For 5 days these students learnt a variety of different techniques to help them become more effective leaders.

Students also attended the Bushcraft Course at Whirinaki National Forest Park. Throughout the term students had learnt various skills such as the environmental care code, pitching tents, cooking safely in the outdoors, and endurance training the 5-day course was the cumulation of all this learning.

For term 3, Daniel Hedges was selected to attend the SSA Advanced Leadership course once again in Ohakea. While there he was able to further refine the techniques taught to him on the Basic Leadership course. At the end of the course all the students planned a formal dinner which was attended by the OC of Ohakea Airforce Base and all the central area directors. Daniel also received the Peers choice award at the graduation, this is an award that is selected by the other students on who they believe best represents the four virtues of commitment, courage, comradeship, and integrity.

The SSA Adventure Challenge also occurred during term 3. This was a 5-day course designed to push everyone both physically and mentally. This camp was attended by 12 other SSA from around the central North Island. Challenges that needed to be completed were Mountain biking, a multistage race with students completing running and mountain bike sections, The Tough Guy/Gal challenge, and Ziplining.



TRADES ACADEMY

2022 was a fantastic year for our Bay of Plenty Future Pathways Trades Academy students, we had 48 learners attending a wide variety of courses; arts, digital, construction, engineering, automotive, beauty, hospitality and electrical to name a few. While the majority of these trades courses were held in Rotorua, some of our students also attended weekly courses in Tauranga and Hamilton, with students attending one or two days per week in order to gain their credits, and the experiences that trades academy brings. BOPFA Trades Academy takes in students from across the wider Bay of Plenty and the South Waikato, so some classes are more difficult to get into than others, 48 schools in the BOPFA cluster contribute to the Academy classes. Our students are able to build a number of new relationships with other students who have similar interests to them, and there are brave decisions made via trades academy about where our students futures lay (eg, one of our students took trades academy Construction, but is heading in to the mechanics industry – trades academy helped with making this future career decision).

Our sports and tourism students had some amazing outdoor experiences - kayaking, rafting, rock climbing, and our automotive students worked together to rip apart a vehicle. We had two one minute films made – one a short horror, and the other a day in the life of a super hero, our hospitality students made exquisite food, and gained skills that complement their hospitality course back at school.

Of note, and congratulations to the following five students who gained a top award in their Bay of Plenty Future Academy classes;

- ☑ **Josh Aculana**
1st in Yoobee Colleges Animation and Digital Studies class, Level 3
- ☑ **Casey Whare**
1st in Construction, Level 3
- ☑ **Tui Elliot**
1st in Hospitality, Level 2
- ☑ **Kirsten Syben**
Meritorious award Hospitality, Level 2
- ☑ **Hamiora Riki-Pahewa**
Meritorious award Engineering, Level 2



GATEWAY

Gateway has had an awesome year as we have moved out of Covid lockdowns, with businesses welcoming our students back and most work places being open again.

Despite the drawbacks of covid and other illnesses impacting our students, their work placements managed to continue, with students out doing a variety of work from building through to the New Zealand Police and Bluelight, forestry industry work and our local vets.

Ms Collins took a group of three students on a holiday camp to the Pacific International Hotel Management School (PIHMS) in New Plymouth, where they had a look at what being a PIHMS student was from within. There was a good taste of the tourism industry, from front of house hotel duties, to mock-tail making, outdoor tourism with a walk at the beach (such a hard life), laser tag, and an industry visit to the luxury boutique hotel of King and Queen Hotel Suites in New Plymouth.

Ms Ford took one of our students northward to explore the tourism industry and what studying might be like at the Queenstown Resort Colleges (QRC) campus in Paihia. They were able to explore Paihia through a tourism lens, go jet boating, make mocktails and have a good in depth experience of the QRC life.

Our popular school based courses were up and running again this year, with students turning a hand to making extraordinary coffees through the Industry Training Solutions Coffee courses, a really useful and practical course that then goes on to be used in our Tok Kai Café setting – with staff and students able to order coffees and hot chocolates during morning tea and lunch times.

Chris Williams returned with his Sports Leadership course, and our students have used this learning in their roles as coaches and referees within both our school and wider community settings. As a result, we have a number of students who were recognized at our recent Sports Prizegiving for their roles in coaching their fellow students. Practical learning, with real world outcomes for our students.

Our First Aid and Health and Safety courses have continued this year, with students learning CPR and emergency response first aid skills, and gaining the ability to recognize what is in their best interests for health and safety in their work environment.

Licensing

Tokoroa High School is part of a South Waikato wide, three year plan funded by the South Waikato Investment Fund Trust (SWIFT fund) for drivers licencing. As students turn 16 they are able to sit their learners licence, restricted licence, do the defensive driving course, and complete their licence with a full licence also. Students are also funded for lessons with our local driving instructors.

Tokoroa High School students have benefitted greatly by this funding scheme, with a number of our students gaining their licences, and having their confidence to drive increased greatly with our local lesson givers; AA Driving School and Hales Driving Academy.

Thank you to the SWIFT Fund for this initiative and opportunity to help our students towards future successes.



LEVEL ONE PHYSICAL EDUCATION

This year our PE class participated and experienced a range of activities and games. Games and activities such as Adventure Based Learning (ABL), kickboxing, tricking, zumba, tough guy, tough gal, and frisbee golf to our more traditional sports such as basketball, turbo touch, multi-sports, netball to name a few. We were required to participate to the best of our abilities, and we would get credits!! Super cool right? Well not entirely true, we did have to do some kind of writing, BUT the cool thing was we could decide what we wanted to do and our teacher would make it happen! Although we didn't do everything on our dream list, we still had fun.

Tough guy, touch gal was a highlight for some of us this year. It was held at Lakes Ranch, Rotorua where thousands of secondary students and teachers gathered together to run, walk, dance, hop and swim their way through a traverse terrain. All I can say is, you need to do it, to know!! I promise you will love it!! Blg thanks to Miss Tavai for organising this, and Mr Manu and Mr Natu for helping us get there.

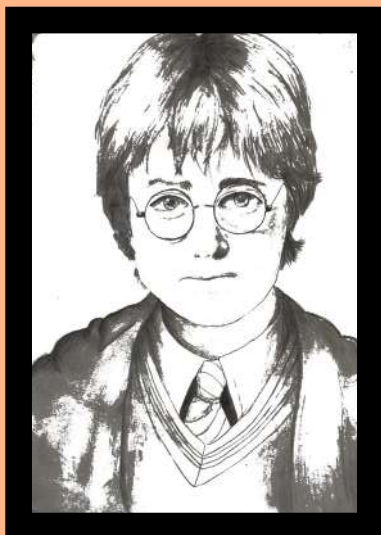
We then moved onto learning about interpersonal skills and why these skills are important when working with people. Interpersonal skills have to do with effective communication, cooperation, supporting and encouraging others, resilience, and problem solving. Do you know someone who is super quiet? Impatient? Gives up easily or gets frustrated? Well this class would be perfect for them, because you learn how to get better at these interpersonal skills and you have fun doing it!! Win, Win!!

The year was also packed with new knowledge around the biomechanical principles and physiological responses of an athlete (us) and how we can better understand our bodies during sports and why we perform the way we do. Massive words right? Yeah well, you get use to it. You learn what these big words mean, and by the end of the assessment if you haven't learnt anything else but what these words mean, it's a pass in my book!!

We wrapped the year up with a class trip to Rainbows End to celebrate our successes this year.

BRING ON 2023 PE!!

Written by Jacqueline Colliar



English Department Report

This year the English department has been Caesarean in our actions to 'bestride the NCEA colossus' with growing success. Our senior classes have been actively taught in several different, yet refreshing genres, namely film, documentary, short texts and extended texts. The Year 13 English class examined the contexts of conflict and class, using this as a basis for understanding how to actively close read poetry, prose and then respond accordingly. The level two English classes were taught how to analyse, respond and explain in depth and the level one NCEA English classes were delivered programmes on how to identify, explain and support key elements of language features in appropriate contexts.

The junior English programmes have been focused on helping students to write clearly, explain ideas and to see the purpose in what they are completing. Be that in understanding the key components of review writing or actively viewing a film. The junior diploma for English students will be changed in 2023 to reflect and enhance the teaching programmes moving into the realignment of achievement standards, thus in time our students will be more used to the demands of NZQA and the new structure of the New Zealand Curriculum at levels six, seven and eight.

My thanks go to all the students and staff involved with teaching and learning English at Tokoroa High School.

Mr R Browne,
HoD English

SPEECH COMPETITION RESULTS



Mr Johnny Drydon

Mr Browne

This years speech competition was awesome. Special mention must go out to our judges Mr Johnny Drydon from Cruise Radio and Mr Browne. The Calibre of the speech contestants were great. There were a myriad of topics from the impact of war in Ukraine, Beauty, Social exclusion amongst youth, relationship and a Zombie Apocalypse.

Public speaking is a skill that we must all acquire. My dream would be for more people to enter the speech competition. It allows you to express yourselves and to have a say.

If you have a point of view to share or a perspective that you want to get along to your fellow peers then the speech competition is the perfect platform to get this across.

There have been many influential leaders along the way that have shared their words of wisdom, Martin Luther king, Malcom X, Apirana Ngata and many more. It also leads to other opportunities for example Manu Korero and The Lions Speech Competition.

'SOCIAL EXCLUSION AMONG YOUTHS WITH THEIR PEERS'

Speech by Jacqueline Colliar

During break I was sitting in the middle of two of my friends right! And they were talking over me. Whenever I tried to say something, they would cut me off. I felt invisible.

Have you ever felt left out by your peers before? Felt like you don't fit in? Or been the only one not invited to hang out because of some trivial reason? Or what about when a teacher asks everyone in class to pair up and before you get a chance to ask anyone, everyone's already in pairs!

Today, I want to talk to you about 'Social Exclusion Among Youths With Their Peers'. There are three areas I want to cover on this topic.

Point 1: *Why do we exclude fellow peers?*

Well, there are many reasons why this happens. Sometimes we may simply not realise we are doing it. For we are naturally drawn to those who are similar to ourselves. Peers who like the same things as you. Take the same subjects as you and in the same groups as you. Unknowingly we could exclude fellow peers who are least like us.

Other reasons for socially excluding could include nationality, ethnicity, sexuality, or jealousy. Some youths exclude their peers based on an individual's status. Whether it be their social status, financial status, or athletic status, and don't forget dating status.

On a more serious note. Some exclude because they are outright bullies. They want others to feel left out and isolated and try to get their peers to either turn against each other or single you out! This gives them control as they try to establish a hierarchy.

Point 2: *What negative impact can social exclusion have on us youths?*

A person can feel rejected and unworthy of friendship. Fearful of being labelled the school loner. Youths can develop low self-esteem, anxiety, and depression. In more severe cases the effect of social exclusion can lead to youths self-harming and even taking their own life!

Given these grim consequences, should we not try to be more inclusive toward our fellow peers!

Did you know the word peer originates from the Latin word par? Have you heard the idiom 'On par with someone?' This means you are equal.

Which brings me to point 3: *What changes can be made to include our peers socially?*

Try treating others as your equal. Treat them how you would like to be treated. There may be times when you notice someone sitting alone who could do with a little company; go over and introduce yourself. Friendships can even grow from a simple 'hello'.

Branch out of your comfort zone. Talk to someone new for a change. If a student is on their own, why not ask them to join you at lunch or work together on a class project. Also being socially inclusive demonstrates your level of maturity.

Now, what if you are a youth who is often socially excluded from peers? In this case, it could be a good idea to ask yourself 'What changes can I personally make? Could I be more approachable? Less reserved? Could I try to initiate a conversation? You might need to muster up the courage. But what have you got to lose!

Most of us, if not all will know what it's like to be socially excluded. But we mustn't forget; aside from our differences with our likes and dislikes, advantages and disadvantages, even with our unique idiosyncrasies. We are all equal in one way; for we all belong to the same race. Human race. And together let's work on becoming a more socially, inclusive race!

YEAR 9



1st
Bella Rose-Lee



2nd
Ryder Miller



3rd
Rutendo Shadaya

YEAR 10



1st
Kp Mahu



2nd
Joseph Sinclair

YEAR 11



1st
Jacqueline Colliar



2nd
Angel Dempsey



3rd
Laykin Smit

YEAR 12



1st equal
Alex Hounslow



1st equal
Chevy Thompson

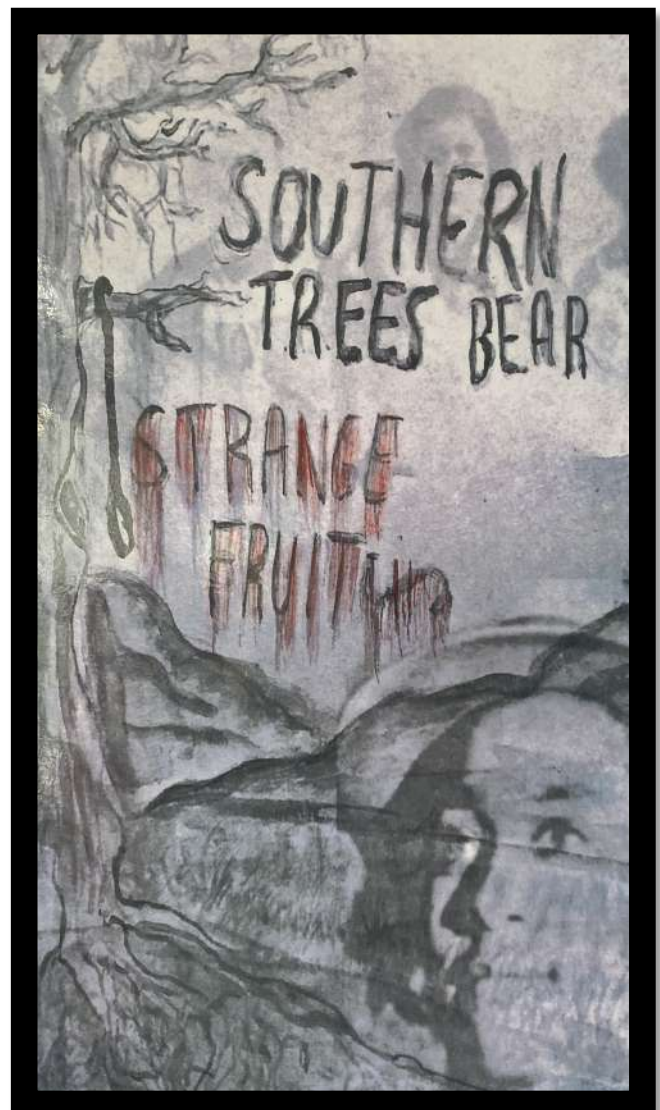
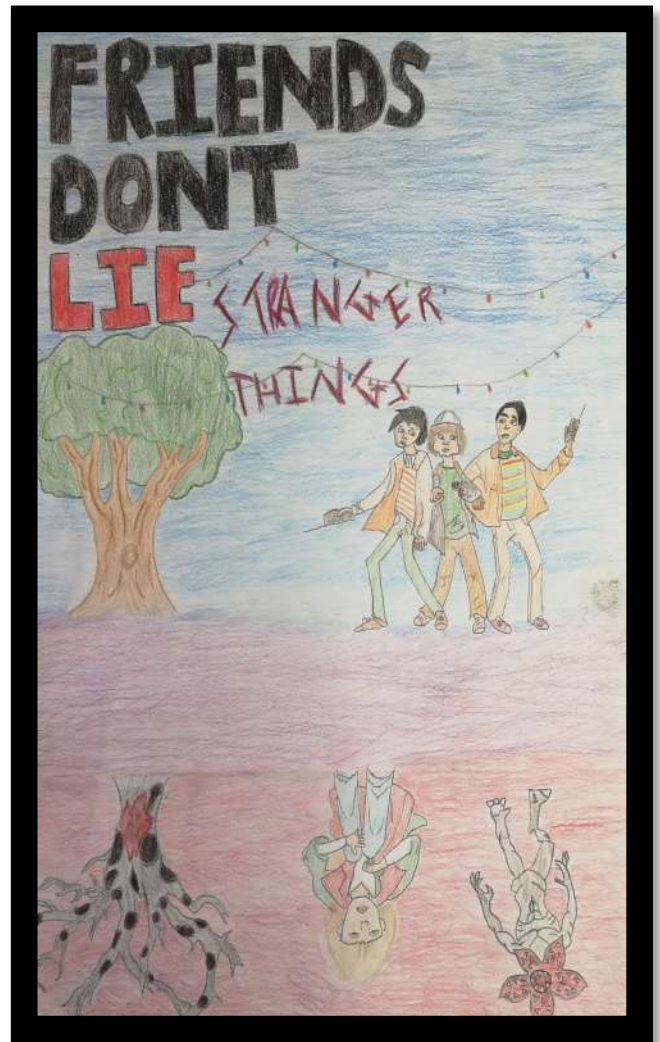


2nd
Pete Kinney

YEAR 13



1st
Robyn Pascoe



ITINERANT MUSIC FESTIVAL 2022

On Friday the 9th of September, two music ensembles from Tokoroa High School set out for the first time in three years (*Covid!!*) to perform at the Itinerant Music Festival. This festival sees schools from around the Waikato, as well as further afield, to represent their schools and demonstrate the high level of musical ability that is on offer around the Waikato.

This year our new look guitar ensemble Resonating Wonder consisting of Jhanell Aballe, Jesse Parsons, Daniel McNae, Kaelin Savage, Syar Ogle and Allen Kinney and mentored by our guitar teacher Scott Cranwell put together a set of three pieces arranged for guitar. This set took two and a half terms to put together which speaks to the commitment and positive attitude of the group to stick together to put these highly complex arrangements together. The first piece they played was "Mr Reggae" by L.A.B. featuring an awesome solo by Kaelin. The second piece the group performed was "Can't Stop" by RHCP and they ended their set with the classic "Stand By Me". They performed confidently and accurately throughout their set and some great comments from the adjudicator who awarded them with a Silver award – only the second time this has been achieved by Tokoroa High School which is an amazing result for a group of festival rookies. I see great things to come for this ensemble.

This year for the first time ever we also sent a jazz ensemble – Jazz Revolution. This band consisted of Jesse Parsons on saxophone and vocals, Kingston Pene on piano, LeBron Tai Maea on bass guitar Joseph Maea on drums, Matua Billy Maea on congas and Mr Baker on guitar. The band was initially formed last year as a pop/rock band, however this year they wanted a new challenge – and jazz is certainly a challenge. They were ambitious in the pieces they chose to play, choosing "Take 5" by Paul Desmond as their first piece. This piece has a time signature of 5/4 which adds considerable complexity to the piece, especially for those new to the jazz genre. Herbie Hancock's catch number "Cantaloup Island" was their second piece followed by the classic bossa nova piece "Girl from Ipanema" by Antonio Carlos Jobim. For the final piece Jesse put down the saxophone and took up the microphone to sing "Fly Me to the Moon" by Bart Howard but made famous by Frank Sinatra. Jazz Revolution had a fantastic debut and earned a Bronze award from the adjudicator.

It was so good to be once again involved with this event and to be able to take such a high calibre group of musicians to represent the school. And I'm happy to see plans for next years festival are already underway.



TERM 2 CLASSICAL JAZZ MUSICAL THEATRE AND WORLD MUSIC CONCERT

On the 25th and 26th of May our senior music students performed their first pieces and programmes for the year as part of their NCEA assessment. This concert featured pieces that are traditionally out of mainstream music charts and push students to explore styles of music that are out of their comfort zones.

The programme was kicked off by the very talented Year 13 student Hezekiah Carlson, who made his vocal debut this year with a two-piece programme consisting of "Come Fly With Me" and "The Way You Look Tonight" both in the style of Michael Buble.

This year our Year 11 cohort was well represented and performed to a very high level. Guitarist Jhanell Aballe performed "Fukai Mori" by Japanese group Do As Infinity. Drummer Jo Maea took us to South America performing "Bossa Nova" from the Rock School Collection. It has been a while since we had a brass performer at this level and trumpeter Daniel McNae performed a great rendition of "Fly me to the moon" by Frank Sinatra. Bassist LeBron Tai Maea continued with the jazz theme with a piece called "Walking Jazz Improv.". Vocalist Reagan Winiata-Sweet took on Adele's "My Same" and demonstrated his considerable vocal abilities. Guitarist Syar Ogle performed the classic guitar ballad "Romanza". Pianist Carl Sobrepena chose to perform the Claude Debussy piece "Claire de lune". We were all treated to a convincing performance of another Rock School collection piece "Slide on Down" by guitarist Kaelin Savage. Fellow guitarist John Caoing chose to perform the Do As Infinity piece "Fukai Mori" and rounding out the Year 11 class was vocalist Jesse Parsons who performed "Fly Me to the Moon" by Frank Sinatra, which he had translated into Tagalog.

Our Year 13 students are required to perform programmes of music rather than one off pieces. Drummer Robyn Pascoe's programme consisted of "Home at last" by Steely Dan and "Never Alone" as performed by Jeff Beck and vocalist Paris-Manea Bennion-Lindsay performed the Ella Fitzgerald piece "Misty" and the Etta James piece "At Last".

Kato Davis and Kingston Pene did a great job as the audio engineers for this concert. This important role which includes setting up the audio equipment, mixing the audio for the concert and packing down the audio equipment after the event.

It is great to see our music students developing both their practical skills and widening their musical tastes.



TERM 3 THE ECLECTIC COLLECTION CONCERT

On the 24th and 25th of August this year our senior music students performed their second concert of the year as part of their NCEA assessment. For this concert, students were able to choose pieces that inspired them. The performers rehearsed with their itinerant teachers for around 10 weeks to prepare the pieces for the concert.

Our Year 11 students presented 10 pieces for this concert. Vocalist Ryan Mahanga Teokotai performed two pieces – “Dear Mama” by Tupac Shakur and Josh Tatofi’s “Perfect to Me”. Kaelin Savage picked up the guitar again and treated us to a convincing rendition of “Time in a Bottle” by Jim Croce. Daniel McNae performed the latin piece “Jugando con el Son” from the Cuban collection. Vocalist Reaghan Winiata-Sweet took on the Lana Del Ray piece “Meet Me by the Pale Moonlight”. Joseph Maea demonstrated his considerable drumming talents taking on the king of funk James Brown’s “Super Bad”. Guitarist Jhanell Aballe returned to the stage this time with the Eva Cassidy piece “Songbird”. Vocalist Jesse Parsons gave a highly convincing rendition of “Baka Mitai” by Kiryu Kazuma and rounding out the year 11s was Syar Ogle bringing some rock guitar sounds with “Say it ain’t So” by Weezer.

Ayce Thompson was both our first and last year 12 to perform at this concert and she demonstrated her diverse skills set by performing “Indigo 2” by Yiruma on guitar before returning to her main instrument, bass, with the highly syncopated piece “Lingus” by Snarky Puppy. Guitarist Josh Whareaitu performed a fingerstyle arrangement of Metallica’s “Nothing Else Matters”. Vocalist Pete Kinny took on “The Greatest Showman” piece “Rewrite the Stars”. Drummer Chevy Thompson gave us a highly energetic

performance of “Chop Suey” by System Of A Down and Moeroa Kameo gave a very controlled and convincing performance of “Slow Motion” by Karina.

For our Year 13 students, this was their final opportunity to perform as a member of the Tokoroa High School Music Department, and they did a fantastic job of inspiring our future musicians.

Paris-Manea Bennion-Lindsay opened the concert with her two piece programme of “Lego House” by Ed Sheeran and “Pray” by Sam Smith.

Drummer Robyn Pascoe went all the way rock with “That’s What You Get” by Paramore and “Sugar We’re Going Down” by Fall Out Boy.

Hezekiah Carlson had a very busy concert performing both as a vocalist and a guitarist. His two-piece guitar programme included a fingerstyle arrangement of the Crowded House classic “Don’t Dream it’s Over” along with the theme song from “Dragon Slayer”. Hezekiah ended the concert with his vocal programme consisting of “Ordinary People” by John Legend and Fia’s “Love Me”.

The audio engineers for the concert, who were responsible for the set-up and pack-down of the audio equipment and most importantly mixing the performance so that our performers sounded amazing were Allen Kinny and Jesse Parsons.

There were some very ambitious pieces performed in this concert which speaks to the commitment these students have towards developing their musicianship.



IT'S BUSINESS TIME 2022

Senior Business Students have successfully produced their products and their businesses are underway. Here are a few glimpses of their amazing products

Y11 Teams



Fresh Kiss:
Lip balms made of 100% natural ingredients.



Charming Sacks:
Goodie bags with custom made bands, key chains, and a treat.



Glo-Up:
Organic facial scrubs.



Flower Juice:
Essential oils.



Calm Candles:
Environmentally friendly candles.

Y12 Teams



886 Clothing:
Raising awareness on suicide through their 886 Tees, with an inspirational quote.



Sprout Sprout:
Growing and selling veggie seedlings to promote healthy eating and encouraging home gardening to combat inflation.

Y13 Teams



Whakaora Kakariki:
Promoting the use of natural skin care through the use of local resources (rongo maori). Kawakawa infused oil, body butter and body balm.



Platform:
Sporting apparel for all body sizes.

**BP
BUSINESS
CHALLENGE**

bpchallenge
encouraging hands-on learning



Tokoroa High School Business Studies department together with Young Enterprise Trust ran a three-day Bp Business Challenge 2022.

It has been a thrilling and exhilarating experience for our tamariki to work in their teams to come up with a business product idea, make a business plan and pitch in front of the judges. Some teams went over and beyond to make a prototype in such a short time.

Judges had the most difficult task to pick the top three. However, all students are the winners because they have accumulated some very valuable skills in these three days. We were lucky to get amazing judges this year from our community and most of them are also past students of our kura:

- Director of RankPower-Auckland:** Perry Benard
- Owner/Operator of Tokoroa McDonalds:** James Steve
- Co-ordinator of Tokoroa market and Entrepreneur:** Itty Nikolao
- Curriculum Resource Advisor:** RaukawaJamie Wehipeihana
- Co-founder & Director Impact Hub South Waikato:** Nanise Ginnen

AWARDS LIST

- 1st Place:** Tim3
- 2nd Place:** Fruit Tabs
- 3rd Place:** Ruthless
- CEO of the Year:** Micah Kinnerley, Anthony Mayes
- Entrepreneur of the Year:** Lyric Vano
- Financial Director of the Year:** Caitlyn Syben
- Marketing Directors of the Year:** Nikau Dryden, Jacob Greenbank
- Production Director of the Year:** Bonny Tahere
- Leadership Awards:** Joseph Sinclair, Tamati Tatana, Nevaeh Reid
- Team Spirit:** Te Rakau Nui



NEWS FROM YOUNG ENTERPRISE SCHEME (YES program)

Awesome Achievements For YES students

Congratulations Jaye Redden – Enterprise In Action

Jaye Redden represented YES region at the **2022 Entrepreneurs in Action** weekend from 30th June-3rd July, 2022. Jaye was one of the 60 students from around New Zealand will travel to Wellington. This annual experience for The Lion Foundation Young Enterprise Scheme students is sponsored by Massey University, Ministry for the Environment and New Zealand Trade and Enterprise. Entrepreneurs in Action is about experiencing business at a fast pace, competing in business challenges, and meeting other YES students with a passion for enterprise. Students who were lucky enough to attend extended their leadership skills, fast tracked their understanding of global trade and made the most of a great experience!



Tiana Manu-Griffin BizVenture Japan



Tiana Manu-Griffin represented YES region from 29-31 July, with 30 students from around New Zealand and 20 students from Tokyo Metropolitan high schools. The students participated in the NZ/Japan BizVenture challenge. That made 50 young entrepreneurs ready to tackle some big business challenges and learn about business and culture in both countries. Tiana is was thrilled for this amazing opportunity and the plethora of knowledge and skills that she gained from this experience have already proved invaluable!!

Read Tiana's account on the following page.



Regional Pitch

Whakaora Kakariki team pitched at the Rotorua/Taupo/Tokoroa Regionals and did an amazing job. They amazed the judges with their product innovation, concept, and presentation.

Well done, Tiana, Mexia and Porter

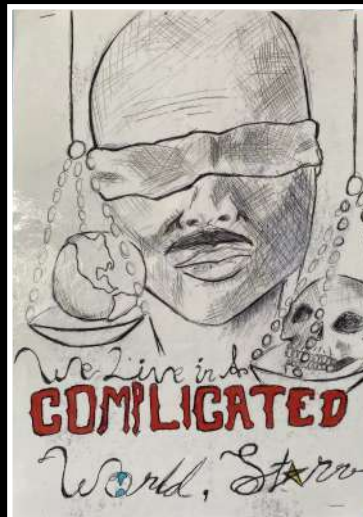
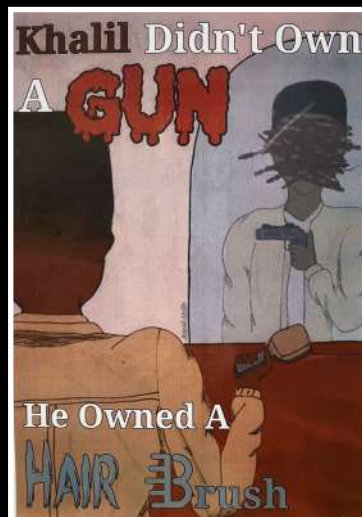
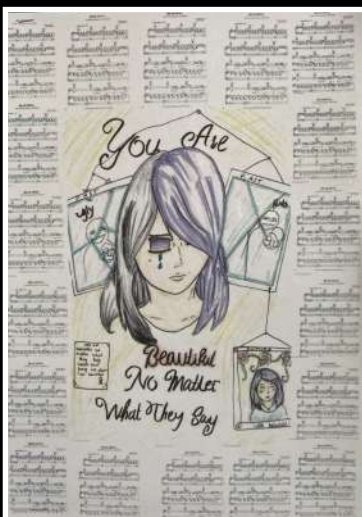


MY BUSINESS TRIP TO WELLINGTON

As part of Business studies, senior students are able to join the extracurricular program the Young Enterprise Scheme. This allows students to create their own business, gain business knowledge, skills and experience, as well as challenges our entrepreneurial skills. Through this program I was able to experience a business-like trip. Bizventure Japan 2022, an all-expenses paid trip to Wellington where we were teamed up with students across Aotearoa, we partnered with Cookie Time Japan to come up with a new and successful product for their business. Through this challenge we were able to speak to Japanese students and Japanese businesspeople as guides to understanding Japan and the Japanese market. Over 30 Kiwi and Japanese high schoolers partook in the "dragon's den" business pitch challenge.

Group three which was my group, otherwise known by our members as 'Green Fingers', came up with the idea of energy cookies and a sweet traditional Japanese cracker for middle aged workingmen and high school students. Using a traditional Japanese plant, Match, as it is a healthier solution than coffee, has more caffeine and it is a well-known flavor in Japan, we were sure our product would be successful in the Japanese market. It was amazing to see what we could accomplish using our different backgrounds and experiences as a sounding board for problem solving. We successfully won over the judges with the idea of our products and our prototype. Our hard work had paid off, although our group had to celebrate one member short.

Throughout the three-day trip I was able to experience the Japanese culture, taste a lot of delicious Japanese food, make new friends, expand my business knowledge, meet well-known businesspeople in Japan and New Zealand and create many new memories. I'm walking away from this experience with real-world skills and knowledge that I can take with me into university and the workplace. I now have a better understanding of how to approach business problems not only in New Zealand but around the world.



CHESS CLUB



The Chess Club this year has solidified its presence in Tokoroa High School by growing our numbers further and having weekly matches in the library. Throughout the year the number of students coming in and playing has been really pleasing with consistent growth and interest.

Chess club gives students an opportunity to play friendly or competitive games of chess against their peers in a low-stress environment, as well as learning new strategies to improve their own game. Students of all levels are welcome to come, as help is given to those who need it.

This year the inner-school chess competition ladder was introduced and put on display in our library. Our competition consisted of 11 students and four teachers with many others just playing for fun. This motivated a lot of us students to play more games and face new players in order to get up the ladder. Facing new players was a great way to play people with different styles of playing and make new friends at the same time.

In the past Tokoroa High School has achieved highly in national chess competitions and we hope to enter into some competitions in the near future. With Covid Restrictions still limiting us for the majority of the year, we made the most of our time in school and had random competitions with Mr English bravely facing as many as seven students at once, unleashing his inner Elizabeth Harmon.

Our top teacher was Mr David who had phenomenal concentration and quite the poker face. Mr English and Mr Carroll put their degrees to use and assisted many students in improving their chess ability.

Our winner for the students was Gianni Pene. He only began learning chess at the end of term one but he quickly became a rising star and rapidly made his way up the ladder.

The final game saw quite the showdown between Gianni Pene and Robyn Pascoe. The two had fought for the top of the ladder for a few weeks, alternating the wins. The game was an intense back and forth, gathering a crowd of spectators towards the end, and concluding in a tight victory for Gianni.

Chess at Tokoroa High School is as strong as ever and looks to grow stronger next year as more pupils take up playing the game. We would like to say an enormous thank you to Mrs Coffin and Mrs Henderson for organizing and maintaining our chess club over the past year and supplying the very popular Chocolate fish!

STUDENT HIGHLIGHTS:

- ☑ *"Playing with the year 13s"*
- ☑ *"Mastering the four move checkmate and having the opportunity to face lots of chess players"*
- ☑ *"Watching the younger students develop a keen interest in the game and become more confident in their skills"*
- ☑ *"Seeing people gather around intense games made the club feel very professional and important."*
- ☑ *"The 4v1 games against Mr English; I did a 2v1 against Mr English and actually won"*
- ☑ *"I enjoyed the impending doom when Mr David came up to me and wanted a match"*
- ☑ *"Having an outlet for my growing skills"*
- ☑ *"The chocolate fish were bomb!"*
- ☑ *"Beating the grand master Joseph Knight was a great accomplishment"*



BUILDING CONSTRUCTION/STEM/TECHNOLOGY



10STE

This year we started a new year 10 programme called (STEM) which consisted of woodwork and graphics joined in one rotation. We were privileged to have Mr Utanga and Mr Ahsin in our department running this programme. Students gained knowledge of understanding technology from a wide range of components. This will allow them to seek further options for next year.



BCA1

Students had great fun with Mr Ahsin learning new skills and knowledge based on Building Construction. There two projects consisted of a Joints Side Table and an Outdoor Patio Chair with a Footrest. This program is an ITO Pre-Trade Training level one course. This will assist students who wish to continue on this pathway next year.



BCA2/BCT2

The students completed a Pre-Trade Training course in Building Construction with Mr Ahsin. Our facilities are fully equipped and certified by BCITO to deliver the BCATS Certificate. This is a Building Industry ITO Pre-Trade Training Course that is accepted by sixteen different Construction Trades. The aim of this course is to prepare students to enter any construction related trade. This is an excellent career pathway because there is a huge demand in our country for qualified builders and people with building-related skills. Once the new Trades Training Centre opens in Tokoroa, we will be able to refer students to further studies and gain practical experiences. Some students were also able to do Gateway related Programs which has benefitted their theory and practical skills in the workshop. The students completed at least four projects each, including Bedside Cabinets and Garden Furniture as well as several projects completed for Tokoroa High School.



BCA3

This year we only had one year 13 student who completed a Technology UE domain. This pathway is a great opportunity for students wanting to study technology related subjects at university. We incorporated furniture making in the workshop and were able to use a laser cutter and designing software to help complete the required standards for this technology domain. We would like to thank Mr Ahsin and Mr Reid for supporting this year 13 technology pathway at Tokoroa High School.



ENJOY SOME OF THE CREATIONS



CREATIVE POETRY by HAYLEY GAGE

*This twisted world conquers me again
I am silenced and help captive, when will this end?
History is repeating and humans aren't succeeding.
Our rights have slowly banished
And our resources aren't being replenished.
There're people in poverty, they're cold and hungry.
But Russia only cares about wreaking havoc to a neighboring country.
Climate change is killing Mother Earth,
She is slowly losing her worth.
So many problems going on in this world
But as a 14-year-old girl.
I'm trying to battle the silence and create a ripple effect.
But I'm met with "You're too young for me to listen to yet."*

*My parent's love has lasted for more than 22 years
Though it's been three years since he has been here.
Their love for each other is unbreakable
Their hearts are ongoing as if he was near.
No marriage is perfect, but my parents knew it'd be worth it
To forgive rather than later regret it
A king and they are
"Are you sure?" Yes! I've never been so confident with my answer
Because though separated by the stars
Their love could never fall apart
It's very easy to see
Their love is a one-of-a-kind art.*

Tokoroa High School **TALENT QUEST**



The Arts Committee put on a Talent Quest in September that was a fun night of music, tricking and cheering. We had five solo singers, one duet act, two drummers, two bands, and special guest acts by Mr Ngapo, Mr Tahau, and the Axilia Tricking Guild! McDonald's Tokoroa generously sponsored our event, and Steven James and Hone Wilson from McDonald's and Barb Fanning from the Forestland Variety Music Club were our prestigious judges.

The audience filled the hall and created an incredible atmosphere, cheering and encouraging our acts. Mr Ngapo was the M.C. for the evening and brought enthusiasm to each of the acts, also acting as their hype man. Our first act, singer Pete Kinney, established the high energy for the evening with his singing and enthusiastic dancing. The overall winners of the night were Shakaiya and Sasha Popata, the sisters who sang a beautiful duet. Our final act for the night was a high intensity heavy metal drum performance from our masked drummer, a fitting way to end the night.

A NIGHT IN THE SECRET GARDEN

SPIRIT OF THE BALL
Joseph Knight and Isabella Erika



CUTEST COUPLE
Sativah Te Pari and Sky Thompson



PRINCE AND PRINCESS
Cade Tutuhiwi-Seymour and Sasha Popata



KING AND QUEEN
Avei Luatua and Tiana Manu-Griffin











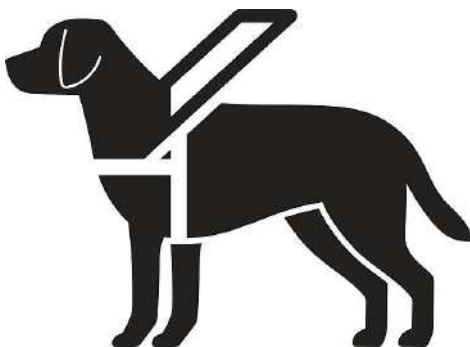
What are Hearing Dogs?

by Azaria Drower

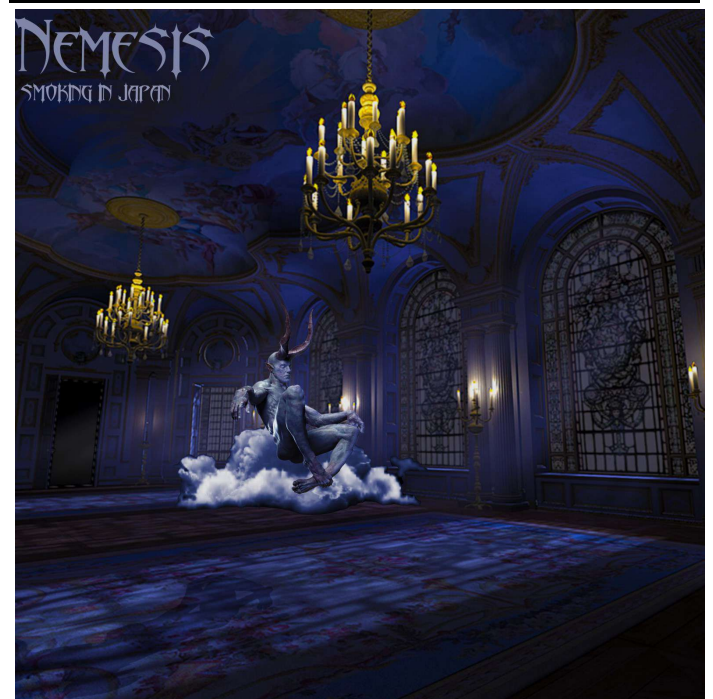
When the dogs hear a sound (they have incredible hearing) they gently paw their companion to let them know they've heard something and then lead them there. What do they do? They can learn to recognize and alert their person to sounds like: smoke / Fire Alarms, Alarm Clocks, Door Knock or Door Bell, Telephone Ringing or Text Message, Portable Timer, Baby Monitor, and Other sounds specific to their person's environment.

How does it work? Deafness is an 'invisible' disability. It continues to be surrounded by misunderstanding. As a result, many deaf and hearing impaired people often experience feelings of isolation, loneliness and frustration. Apart from alerting the person to the sounds there are many other tangible benefits of Hearing Dogs for the Deaf. Enhanced self-confidence, self esteem and sense of well-being, Companionship, Greater independence, Increased security, Reduced stress, Social interaction, New interest and responsibilities, Moderate, regular exercise Hearing Dogs have special privileges including public rights access. Many people who are Deaf or Hearing Impaired use a Hearing Dog to alert them to the everyday sounds we hearing people take for granted. Hearing Dogs go everywhere with their recipient as part of this important partnership. It is against the law for shopkeepers, restaurant staff and other businesses to refuse access to a Hearing Dog. Hearing Dogs have special privileges (see legislation that follows).

Because of their unique and important job, Hearing Dogs are legally allowed into any public place with their handler. This includes food outlets, restaurants, shops, theaters, on public transport – virtually everywhere their handler goes. Hearing Dogs are specially trained to behave appropriately in a range of situations, including eating and toileting on command. The next time someone comes into your shop or business with a Hearing Dog, please make them welcome. How to spot a Hearing Dog Hearing Dogs come in all shapes and sizes. There is not one specific breed or type of dog. Look out for the yellow jacket with our logo on it. Legislation Hearing Dogs have rights of public access under the Dog Control Act 1996 and are protected from discrimination through other important legislation such as the Human Rights Act 1993. This legislation collectively entitles Hearing Dogs to go into any public place and on any public vehicle including: restaurants, doctors, dentists, shops, beaches, cinemas, hotel, buses, ferries, domestic and international flights, ships, taxis, trains, etc. Denying access to a person with a Hearing Dog is considered a serious offense. The training center is in New Plymouth.



Album cover by Carl Sobrepena

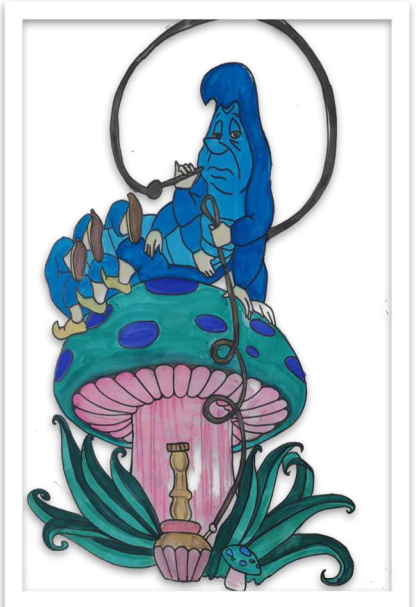
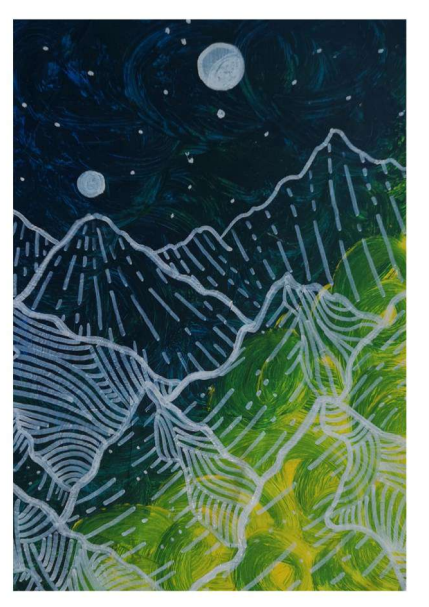
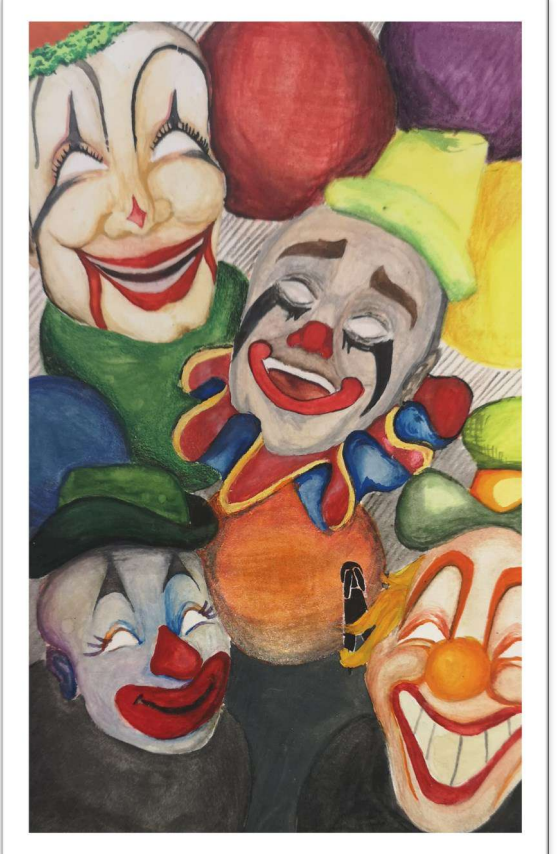
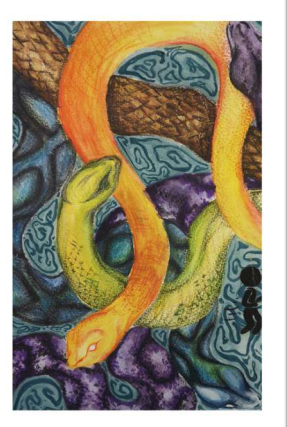


Album cover by Ava Hulme



Album cover by Taati Tahanavaeau

JACQUELINE COLLIAR'S TIME ON THE SPIRIT OF ADVENTURE





AXILIA

Head on over to our facebook page for more information

<https://www.facebook.com/profile.php?id=100032460562290>

Axilia has had a very successful year for tricking in 2022. There have been some fantastic new developments such as the girl's only tricking sessions and Axilia hosting its' very first tricking gathering called TokTriX. Many hype moments have occurred which inspired all that witnessed. Promising new members have joined that will become future leaders of the sport. Amazing tricks were landed. Lastly, a deep love for the sport of tricking has manifested in the hearts of many.

The year begun when departing student Tremayne Eiao grew his wings and flew off to the land of opportunities in Hamilton. Thus a space opened for the new generation of trickers to become leaders of the sport in the school. This void was quickly filled by the promising young trickers by the names of Carl Sobrepena and Gus Wilson. They both display immense potential and capability to become top tier trickers in the country. They have both gone on to become coaches and Din Jittrak has also joined the cause to spark interest in the younger gens.

But there's a lot more to tricking than just becoming the best in the world. It's about being better than the person you were yesterday and showing love to those on a similar journey. All 40+ tricksters from the guild are currently benefiting from this mentality by proving to themselves that they can do anything if they set their mind to it. By landing a hard trick it unlocks a part of the brain that was once invisible and puts a smile on the face of the person like no other.

"BUT WAIT WHAT ABOUT AXILIA EPISODE 3?"

Yes not to worry, that one is still being filmed and getting ready for release in early 2023.

"BUT WHY THE BIG DELAY?"

Well let's just say that we want this one to be the best tricking documentary ever, so we're waiting.

"WAITING FOR WHAT?"

You shall see.....soooooon 🤔 🤔 🤔 🤔



Introducing ULTIMATE



We are very happy to announce the formation of an Ultimate club at Tokoroa High School this year. Ultimate is a self-refereed, non-contact team sport where fitness and communication is key. Students have leapt at the opportunity to try this new sport and have been consistently practicing at lunchtimes and after school twice a week. Inspired by the stellar performance of the New Zealand U20 Mens' and Womens' teams at the World Championships in Poland we have worked hard on building our fundamental skills and capability as a team. Our training is preparation both for upcoming Waikato Ultimate Secondary School Championships and the NZSS Ultimate Championships in early 2023

The Simple Rules of Ultimate

The Field - A rectangular shape with endzones at each end. A regulation field is 64 metres by 37 metres, with endzones 18 metres deep. Cones are generally used to mark the corners of the endzones.

Starting Play - Each point begins with both teams lining up on the front of their respective endzone. The defense throws ("pulls") the disc to the offense. A regulation game has seven players per team.

Scoring - Each time the offense completes a pass into the defense's endzone, the offense scores a point. The first team to 17 goals wins, with a time cap of 100 minutes, but this is often adapted at beginner levels of the sport.

Movement of the Disc - The disc may be advanced in any direction by completing a pass to a teammate. Players can't run with the disc, similar to netball. The person with the disc ("thrower") has ten seconds to throw the disc. The defender guarding the thrower ("marker") counts out the stall count.

Change of possession - When a pass is not completed (e.g. out of bounds, drop, block, interception), the defense immediately takes possession of the disc and becomes the offense.

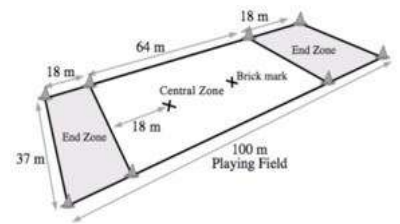
Substitutions - Players not in the game may replace players in the game after a score and during an injury timeout.

Non-contact - No physical contact is allowed between players. Picks and screens are also prohibited. A foul occurs when contact is made.

Fouls -- When a player initiates contact on another player, a foul occurs. When a foul disrupts possession, the play resumes as if the possession was retained. If the player committing the foul disagrees with the foul call, the play is redone.

Self-Refereeing - Players are responsible for their own foul and line calls. Players resolve their own disputes.

Spirit of the Game - Ultimate relies upon a Spirit of the Game that places the responsibility for fair play on every player. There are no referees. Competitive play is encouraged, but never at the expense of respect between players, adherence to the rules, and the basic joy of play.



BASKETBALL



Covid restrictions have finally past, and we are ready to ball up. This year we had a Junior Boys team, Senior Boys team and a Girls team. Every week our teams would travel out to the various venues to play our game. Results varied each week with dubs or learnings. Whatever it was, our players stuck with it right through the season, where as a result of their dedication and commitment to their team, all three teams made the finals.

The junior boys had a delayed start to their final, which put us behind on the scoreboard immediately. They tried their best to pull it together but went down to Cambridge High School, picking up a silver medal.

It was also a tough final for our senior boys, with the consistent change in who was leading which had us all on the edge of our seats. Bronson Curtis doing some AND1 moves with the reserved fast break, with Callum Ward's endless '3 pointers' to Hami Riki-Pahewa as our rebounding king. Super proud of the boys' efforts this season, walking away with a silver medal.

The girls then took the court playing against Cambridge High School, with the guidance from our point guard Maiya Tuakana, '3 point' princess Lyric Vano, and the experience from Taejah Tunupopo there was no stopping our girls. We also had our very own rebounding queens Moeroa Kamoe and Mia Vano in the key hole the girls became unstoppable. Walking away with the gold, & a smile on their face.

A big thank you to everyone who sponsored our players fees, supported the weekly feeds and for the continuous support given to our kids. Special mention goes out to the many drivers and those who lent their vehicles to help our teams get to their games, without you we wouldn't have been able to play.

Lastly, a massive acknowledgement to our coaching team. We as a school are fortunate to have a team of coaches who willingly put their hands up to coach our teams. Let us introduce you to the Vano family aka the Basketball family. This family not only give up their time to our school basketball, but they also are involved in the Tokoroa Basketball Association who run the community Junior Basketball and the Raukawa Maori's Basketball teams. This family volunteer their time to ensure our students (and community) get the best basketball experience, and for that we are truly grateful for their expertise and time.

Thats a wrap for the season.

One Gold, Two Silvers!! Can't complain about that.

2022 Basketball signing off!

By Maiya Tuakana



VOLLEYBALL

BOYS

An incredible season of Volleyball for 2022.

We entered the Waikato Senior Secondary Schools Tournament which was host to fifty plus teams from around the Waikato Region.

Our boys team made up of newbies; Hami Riki-Pahewa and Sunny Burnett
With old boys: Joe, Le Bron and Dennon Maea. Sawaan Chandra, Seajay Winitana-McCaskil, John Caoing, Bronson Curtis, Doug Winikerei and our captain for the season Preston Solomon.

Throughout the season our boys showed and played with tenacity, energy, and grit as they battled their way through some tough, highly skilled and high energy games. Many of the opposition teams having fielded their Year 13's it was always going to be a challenge which meant we had to put our best foot forward, play hard and apply the skills learnt as soon as the whistle blew.

We ended up coming third this season which was a huge accomplishment. We are proud of our efforts and enjoyed the experience. We have grown stronger as a team and will forever remember our season and the memories.

Congratulations to our captain Preston for being picked in the super 8 team. Chosen as one of the best eight boys out of over 100 boys is a huge accomplishment. Well done Preston.

Thanks for coming to jam with us this year Sunny. You made your first season look easy. You picked the sport up like a pro. You naturally talented and as humble as they come. All the best next year.

Lessons learnt: always play with a humble attitude, always give your best, and have fun.

A huge thanks to our coaching staff!

Our coach Natu Tumanuvao thanks for your patients, skill, and guidance. Your passion and enuthsiamsim for the game have certainly influenced our love for the sport.

Mrs Ford and Mr Tahau thanks for looking after us and having our backs always.

Thanks heaps to Baby Josh, Big Josh and Ash. You continued to support us every week and has our backs.

Thanks to Mr Chandra, Lou Lou and Mrs Chandra for driving us when we needed drivers.

To our families we love you!

It's been an amazing season and we all look forward to 2023.



JUNIOR BOYS

GIRLS

A season first for Tokoroa High School.

Our girls came together to form our first female Volleyball team in more than ten years. Our team was; Olivierre Kapene-Tereu, Taylah Gillet, Ata Te hokowhetu-Wynne, Sasha Popata, Mia Vano, Shila Kiff and Kaelin Savage.

A very short season for our girls this year because of "covid" but it was an enjoyable season with some laughs, tears, and more laughs.

Coached by Natu, we learnt the very basics of the game which we were able to apply in some intense and nail-biting games.

With over 20 girls teams in the competition we were placed in the first division and of course had the overall winners Te Awamutu as our first ever game. Let's just say it was an experience.

Our final games proved that we had the skills and talent to be in the first division, winning against Nga Taiatea and Onewhero.

We would like to thank Natu and Ash for their guidance and help as our coaches as well as Mr Tahau and Hezro.

It was an awesome experience and loved every minute of Volleyball.



GIRLS



SENIOR BOYS

HOCKEY

This year's hockey season proved to be a challenge and the other teams in our grade put their best foot forward continuously every Tuesday night. With the help of our Coach Angela Taniwha and our Manager Kim Fraser, we were able to develop our skills on our Monday night trainings and make our way into Third place overall in our division.

Janelle Bartie and Kaelin Savage did an amazing job at feeding the ball through to the forwards and assisting in goals throughout this season.

Sana Singh from Tokoroa intermediate School and Madison Fanning were amazing defenders and helped our Goalie, Zoe Fraser, save multiple goals from going in.

Our late arrival, Leighton, improved a great deal in the short amount of time that she was a part of the team.

Jacqueline Colliar, Te Aohinga Thomas, Pearle Dempsey, Sasha Popata, Latia Fitzpatrick and Chloe Fitzpatrick continuously showed up every week and not only improved tremendously over the season, but were key players that we hope to have next year.

Thank you to our continuous support team and transport providers, which came from Tairi Ford, Josh Tekowhai, Dean Tereu and Michael Thomas.

Thank you to the school, who made this season possible. And to our amazing Coach, Angela Taniwha, and our hard working manager, Kim Fraser, thank you.



TURBO TOUCH

Turbo Touch is a fast paced, back and fourth game that requires players to be able to transition from attack to defence, be able to think, run, move, pass and catch on the move.

This year we took three teams to Turbo Touch Nationals which was held in Auckland. A mix, girls and boys team. We are the only school that consistently enters three teams (four teams if possible) into this tournament, which provides a wider scope for our students to have the opportunity to play at this level.

Our **mix** team were able to secure the win leaving the other team scoreless 5-0, receiving the trophy for National Champions of the Mix Grade.

Our **boys** team played a close final, just going down by 1 point, where they placed second in the Boys Grade.

Our **girls** team played awesome, gaining experience and tips on how to further improve their knowledge and skills around the game.

There was a special award, where the referees selected one player from the whole tournament that was based on attitude, fair play, and overall good sportsmanship. A unanimous decision was made, and the recipient of this award went to Eboni Kohere.

Special mention to Miss Tavai and Mr Hakaria for organising and providing this opportunity for our students.

All the best to the teams next year!!

**2022 TURBO TOUCH,
OVER & OUT!!**

By Jaye Redden



KI-O-RAHI!

Over the past term Tokoroa High School has been busy providing our students an opportunity to play Kī o Rahi. We started with the Waikato Regionals, then moved into the South Waikato Youth Week Tournament and finished with the Matariki Secondary School National Tournament.

This year we saw a huge interest from the students to play Kī o Rahi, so much so, we had to hold trials to confirm our team. The students that were selected went on to represent our school in the Waikato Regional Tournament. The regionals is a qualifying tournament for Nationals. Fortunately, we were able to walk away from this tournament seeded first for our rōhe. This achievement provided great momentum for us, and we were able to then put two full teams together for our next event. The South Waikato Youth week Tournament. This event saw our local high schools battled it out for local bragging rights. While it was a competition, the atmosphere was one of whakawhanaungatanga and seeing the rangatahi interact through a common cause. The tournament was a success and a great way to celebrate youth week. The day finished with both Tokoroa High School teams making the finals and the senior team winning the overall tournament. This event could have not been possible without Wera's lead in the kaupapa and supporting organisations (South Waikato YMCA, Oranga Tamariki and Raukawa Vibes). To have the South Waikato youth embrace Kī o Rahi during the week was the winner.

The final event on the cards was the Matariki National Tournament. This tournament had some of the top schools attending and for this reason it was a great opportunity for our students to perform on the national stage. Overall, we won three out of the five games we played, with one of the loses finishing in a drop off. The students really enjoyed it and majority of them will be back next year to do it all again. A special mention and congratulations has to be given to Maiya Tuakana, who was selected in the Aotearoa/ New Zealand team. This team will play later in the year against the Aotearoa/New Zealand area secondary schools' team.

Overall, it has been great to see our students embrace this unique taonga takaro. In Term four we see our Year nines and tens get an opportunity to participate in a Northland Tournament. So, watch this space.

Mānawatia a Matariki from the Tokoroa High School Kī o Rahi Team



FOOTBALL

Boy's Football

The Tokoroa High School boys team had another awesome year competing in the Baywide Youth Under 19 competition. The strong caliber of the opposition ensure that every game was a competitive match, where the results were often decided by a piece of individual magic, some unusual refereeing decisions (not you Mr English!) or lapses in concentration leading to mistakes. The highlight of the year was the 3-0 win over Papamoa in diabolical conditions at Strathmore Park. The lowlight of the year was the boys getting destroyed 3-1 by Mr Tereu's Dream team as part of our coaches 50th birthday celebrations. The fact he scored just made it even worse!

The trips to the All Whites game with 35,000 people there was another awesome experience and showed the boys the level required to play at the highest level. The 2022 World Cup in Qatar being played in November/December means the boys will be glued to their televisions for a whole month. Brazil, Argentina, Belgium, Portugal, Germany, Holland, Spain and England (Alex, did you write this?) loom as the favorites, whilst reigning champions France will need to lift their game to go back to back- Allez Le Bleu!



Girl's Football

The Tokoroa High School football girls cemented their reputation as the most fun filled football team in history with another year of laughter, memories and enjoyment interrupted every now and then by some actual football. The girls were the envy of every other team with the manner in which they played with smiles, cheered each other on, played with pride and posed for a record number of selfies- including during halftime speeches by the coach!

The "highlight" of the year was actually seeing our girls cheering when the opposition scored a late goal to beat us 1-0, a win that denied our local rivals the chance to make the top division playoffs. Mr Tereu commented " I've never seen both sets of players and supporters happy when a goal was scored"

The new innovative tactic of sitting down in a circle listening to music and doing selfies instead of warming up often threw our opposition and there were even times when the opposing players wanted to join our circle of life.

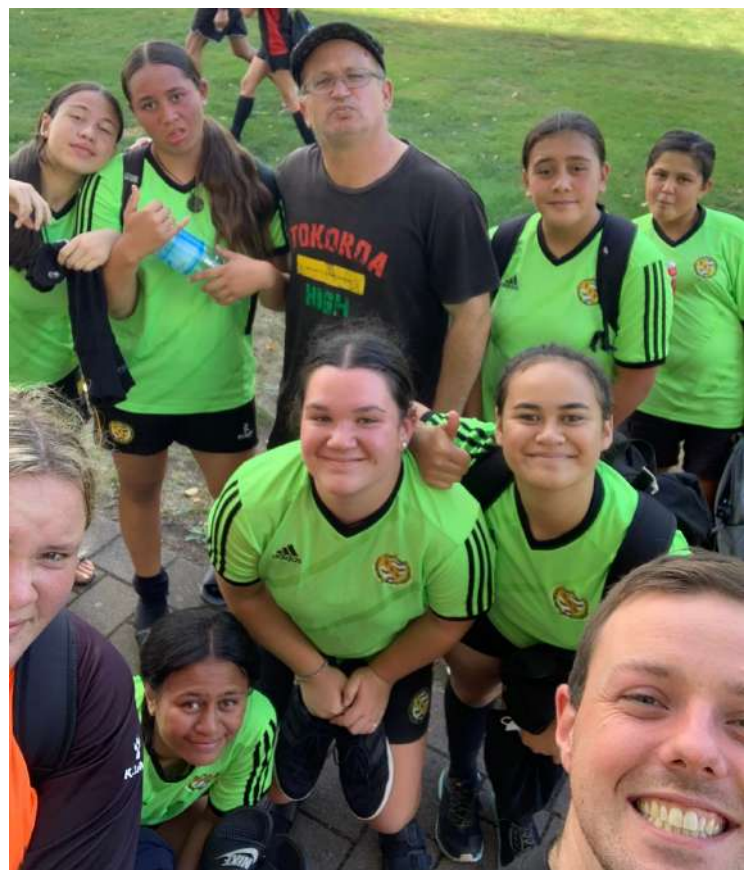
Next year sees the FIFA Women's World Cup being held in New Zealand and our girls will go and watch several games- I wonder if any of the teams will implement our legendary warm up tactics?

Special thanks to Mr Tereu, Mr Parkinson, Mr Carroll, Miss Raynel and Miss Lotter for giving up their time to take us.



GIRL'S FUTSAL

The Tokoroa High School girls FUTSAL team had an absolute ball (excuse the pun!) participating in the Rotorua Futsal modules held at Rotorua Girls High School each Sunday in Term One. The fast paced, skill based game is a great way to develop basic skills and technique with less emphasis on the running required in outdoor football. The core group of players all improved individually and were able to have several unbelievable moments throughout the season. Our goalkeeper Zoe Fraser was incredible and made hundred (yes hundreds!) of amazing saves while Latia Fitzpatrick and Phoenix Harrision showed their class and ability against some women's rep level players. Anyone who was there to witness Kaelin Savage's thunderous goal will never forget it, whilst the feeds afterwards were also memorable. Special thanks to Mr Tereu for giving up his Sundays to drive the girls over and Mr Carroll for being our number one cheerleader- except when we played against his old school lol!!



The Fallen Pencil - Story by Te Aohinga Thomas

Once-upon-a-time, In a land far, far away, There was a pencil. This pencil had the power to make anything drawn or written to become true. But if in the wrong hands.. The world just might end.

In a kingdom somewhere in the world.. The pencil was held in the hand of a king. The king loved his people very much. He promised his wife, Who died while giving birth to his daughter, That he would look after the kingdom with his whole life. His daughter wanted nothing more than to make him proud.

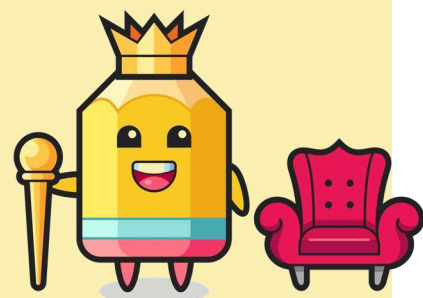
Sadly the king despised his Daughter, for he thinks that she was responsible for the death of his wife.

He looked far and wide for a "Suitable king" To rule over the kingdom after he passes away. Once the daughter heard she wasn't going to be next in line for the throne, Anger and Hatred filled her heart, Not because she was jealous, But because her father had chosen someone else over her.

Out of rage, The king's daughter stole the pencil behind her father's back. Despite hearing the tales about how easily it can corrupt someone, She grabbed it with one hand and wrote a letter. In this letter it stated: "The kingdom will fall to its knees, The only way to prevent this from happening.. Is if a daughter of mine becomes queen"

With a loud bang... She disappeared along with the pencil, never seen again...

For many years the king's men searched for her, But they found nothing. Slowly but surely the king became too afraid to do anything. He sat in the palace looking pale and cold. The kingdom was dying, And there was nothing he could do...





The Cheerleading Squad

RUGBY



UNDER 15'S BOYS



GIRL'S 1ST XV



GIRL'S RUGBY



BOY'S 1ST XV

UNDER 16'S BOYS RUGBY

The 2022 rugby season for the Tokoroa High School boys under 16s was a mixed bag of emotions. We were ecstatic that we could enjoy a full season of games compared to our first two seasons where Covid 19 shortened our seasons compared to the pain of losing many close games to almost having a winless season. However, we saved our best game for last to beat top of the table Rototuna College to end the season on a high.

Unlucky not to win a few more games, the under 16s stayed in high spirits throughout the whole season. The team was captained by Le Bron Maea and coached and managed by Matua Billy Maea. The season was a very positive stepping stone for the boys to develop and stay together for first fifteen rugby next year. Thank you to all our parents and supporters who helped out with transport and supported us at all our games and most importantly a huge thank you to our players.

Coach:

Billy Maea

Captain:

Le Bron Maea

Most improved Player:

Roman Reddy - Te Mana

Most Committed Player:

Kevin Dredge

Most Outstanding Player:

Jason Rakich



RUGBY LEAGUE

UNDER 16's BOYS RUGBY LEAGUE

This year we entered a Boys under 16s Rugby League team to play in the Bay of Plenty under 16s Rugby League competition. The competition ran for most of term three. We were the only school to enter the Bay of Plenty club competition. This was an excellent opportunity to bleed in and develop new players to the game of Rugby League. In this respect our team was very successful as all but one player had played rugby league before.

We were happy to make the semi-finals but bowed out to a very well drilled Pacific under 16s side who were made up of a majority of a Tokoroa High School students. Some of our boys were able to make the Bay of Plenty under 16s side that played a Warriors under 15s side this year. Four of our boys were promoted to the 1st 13 side and played in this years Nationals Rugby League tournament held in Rotorua. Our Team was coached by Tama Teaukura and principal Mr Willie Ford. A big thank you to all our Parents and supporters.

Most improved player:

Joseph Maea

Most Outstanding player:

Joseph Sinclair

Best Overall Player:

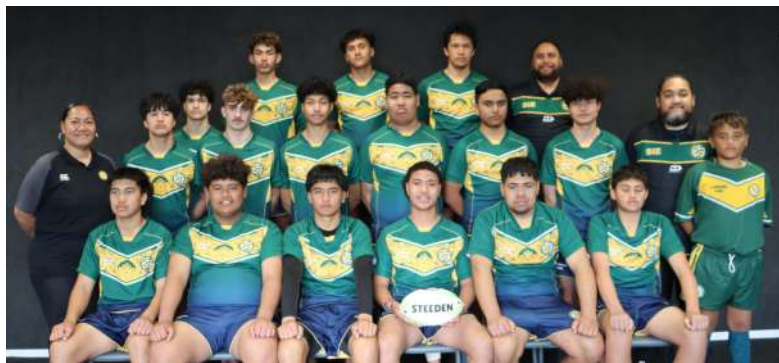
Le Bron Maea



League Under 16



Cook Islands U16 League Reps



League Under 15



League Girls



MOTOCROSS



CRICKET



GOLF



EQUESTRIAN

NETBALL



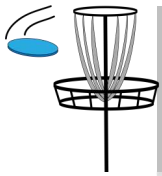
TIMBERWOLVES



NINERS



UNITED



DISC GOLF

Damien competed in the Tauranga 66 extreme disc golf tournament on the weekend of 24th & 25th September which he played in the Under 18 section. After two days of hard playing in the hot sun on the side of the Kamais. Damien won his division and was placed tied 16 overall in the Recreational division layout as the under 18's played in with them.

He then played in the Taupo Thermal Throwdown Tournament on the weekend of 8th & 9th October playing in the under 18 division. It was a good competition between him and another teenager from Taupo with Damien coming away with the win by five shots at the end of the weekend. These tournaments are PDGA rated so go to towards your rating.

His next lot of games is playing in the Taupo PDGA league tournaments on a Tuesday & Thursday evenings for the next 8 weeks in Taupo.

Next year is the North Island Disc Golf Competition which is being played in Taupo which Damien is entered in.





SWIMMING

The swimming team had three major school competitions for the year. The New Zealand Secondary Schools Open Water Swim, Waikato Secondary Schools Champs and then finally the New Zealand Secondary School Champs.

Mia and Bailey Parker competed in the 500m New Zealand Secondary schools Open Swim at Mount Maunganui. Bailey finished 4th and Mia 6th in New Zealand for their age groups. Mia came away with 3rd for the Aquaknights.

Next the whole team competed at the Waikato Secondary School Championship against 25 other schools in the Waikato. This was the first time any of these swimmers had swam at a senior event like this with preliminary events followed by finals.

Bailey came away with a 6th in his 200m and top ten finish all his other events. Zealan Teaukura qualified in all his races for the finals with top ten finish in all his events. Mia finished 4th in her backstroke.

New Zealand Secondary Schools was a step up from anything they have experienced before. Over 690 swimmers attended and there was huge competition - this is where future Olympians swim.

The relay was first up to calm the nerves and get part of the experience. A splash and dash and some PBs to start the weekend off.

Zealan continued to swim PBs all weekend which was awesome to see.

Bailey swam a short course PB in his 50m free.

Mia was close to hitting all PBs in her races missing out on a PB by three milliseconds! She placed 14th in the 13 year old 50m backstroke.

The greatest part of the of this competition was Tokoroa High School was announced on a national stage over 15 times throughout the weekend.

These swimmers have just started their Secondary School swimming journey - it's going to be great journey to be part of.



Swim Times

Bailey Parker

50m Free - 28.73
100m Free - 1.08.09
200m Free - 2.36.78
500m Open Water Swim 6.46

Mia Parker

50m Free - 32.02
100m Free 1.12.84
50m Back - 36.03
50m Fly - 35.94
500m Open Water Swim 6.59

Zealan Teaukura

50m Free - 30.25
50m Back - 34.71
50m Fly - 33.13

TOUGH GUY TOUGH GIRL CHALLENGE









ATHLETIC DAY RESULTS



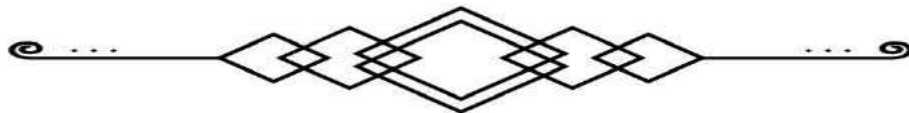
2022	JUNIOR GIRLS CHAMPION: Temaire Winikerei (34)			JUNIOR BOYS CHAMPION: Tinokura Daniel Malietoa (46)		
EVENTS	FIRST	SECOND	THIRD	FIRST	SECOND	THIRD
100m	Bella Rose-Lee	Temaire Winikerei	Kiera Curtis	Anthony Mayers	Tinokura Daniel Malietoa	Daezhon Simmonds
200m	Keira Curtis	Bella Rose-Lee	Mia Parker	Anthony Mayer	Nooroa Paora	Shayden Andrew
800m	Eboni Tera	Mia Parker	Kazia Townsend	Te Whetu-Lee Harrison Wheeler	Jay Perceval	Daezhon Simmonds
1500m	Eboni Tera	Mia Parker	Lyric Vano	Te Whetu-Lee Harrison Wheeler	Daezhon Simmonds	Jay Perceval
Discus	Keira Curtis	Bonny Tahere	Kkazia Townsend	Tinokura Daniel Malietoa	Tamati Tatana	Preston Wheeler
Shotput	Bonny Tahere	Deisharn Wilson-Jenkins	Jayde Jones	Anthony Mayers	Leonard Togia	Tinokura Daniel-Malietoa
Javelin	Duuel Winitana-McCaskill	Keira Riki-Pahewa		Mana McCoullough	Ramone John	Cleavon Nathan
High Jump	Temaire Winikerei	Caitlyn Syben	Mickey Cortesi	Nooroa Paora Rec: 1.60	Tinokura Daniel Malietoa	Cleavon Nathan Waylin Riki-Pahewa Dayton Hughes
Triple Jump	Deisharn Wilson-Jenkins	Temaire Winikerei	Lyric Vano	Nooroa Paora	Tinokura Daniel-Malietoa	Anthony Mayer
Long Jump	Mickey Cortesi Temaire Winikerei	Bella Rose-Lee	Mia Parker	Tinokura Daniel Malietoa	Shayden Andrew	Daezhon Simmonds
Relay	Totara 1.02.87	Kowhai 1.03.85	Kauri 1.15.43	Kowhai 0.54.10	Totara 0.55.40	Kauri 0.55.78
2022	INTERMEDIATE GIRLS CHAMPION : Sasha Popata (88)			INTERMEDIATE BOYS CHAMPION : Callum Ward (35)		
	FIRST	SECOND	THIRD	FIRST	SECOND	THIRD
100m	Sasha Popata	Raelyn Monga	Lara Brolly	Callum Ward	Deyshawn Leaf-Wickey	
200m	Sasha Popata	Raelyn Monga	Janaelle Bartie	Callum Ward	Deyshawn Leaf-Wickey	
800m	Breanna Rodgers	Sasha Popata	Shila Kiff	Callum Ward		Bronson Curtis
1500m	Breanna Rodgers	Sasha Popata	Shila Kiff	Bailey Parker	Preston Solomon	Saawan Chandra
Discus	Neveah Reid	Sasha Popata	Raelyn Monga	Joseph Sinclair	Toa Turia-Meti	Le Bron Maea
Shotput	Sasha Popata	Zoe Fraser	Taylah Giliett	Le Bron Maea	James Ratai	Joshua Whareaitu
Javelin	Olivierre Kapene-Tereu	Sasha Popata	Lionel Lee reti-Tipene	Josuah Whareaitu	Seajae Winitana-McCaskill	Ethen Uri
High Jump	Sasha Popata	Janelle Bartie	Lionel Lee Reti-Tipene	Seajae Winitata-McCaskill	Joseph Maea	Callum Ward
Triple Jump	Sasha Popata	Janelle Bartie		Deyshawn Leaf Wicky	Toa Turia-Meti	Joseph Sinclair
Long Jump	Sasha Popata	Deisharn Wilson-Jenkins	Duuel Winitana-McCaskill			
Relay	Kowhai 1.01.48	Totara 1.04.64	Kauri	Kowhai 0.50.06	Totara 0.51.38	Kauri
2022	SENIOR GIRLS CHAMPION : Moeroa Kamoe (67)			SENIOR BOYS CHAMPION: Hami Riki-Pahewa (58)		
	FIRST	SECOND	THIRD	FIRST	SECOND	THIRD
100m	Moeroa Kamoe	Jaye Redden	Aj John	Cade-Tutehiwi Seymour	Hami Riki-Pahewa	Herbie McAuley
200m	Moeroa Kamoe			Cade-Tutehiwi Seymour	Hami Riki-Pahewa	Corrin cody Pio
800m				Jayjay Douglas	Tellus Russell	Gianni Pene
1500m				Jayjay Douglas	Olo Petero	
Discus	Moeroa Kamoe	Neva Mua	Jaye Redden	Herbie McAule		Gianni Pene
Shotput	Neva Mua	Jaye Redden	Moeroa Kamoe	Damian Te Mana	Hezekiah Carlson	Benji Savage
Javelin	Shakaiya Popata	Neva Mua	Moeroa Kamoe	Hami Riki-Pahewa	Herbie McAuley	Hezekiah Carlson
High Jump	Moeroa Kamoe	Jaye Redden	Neva Mua	Hami Riki-Pahewa Rec: 1.82	Sonny Burnett	Cade-Tutehiwi Seymour
Triple Jump	Jaye Redden	Moeroa Kamoe	Neva Mua	Cade -Tutehiwi Seymour	Hami Riki-Pahewa	Gianni Pene
Long Jump	Moeroa Kamoe	Jaye Redden		Cade-Tutehiwi Seymour	Hami Riki-Pahewa	Porter Kennerley
Relay	Kowhai 1.05.47	Totara 1.11.00	Kauri 1.21.00	Kowhai 0.54.74	Totara 0.58.00	Kauri 0.58.81
Whanau Points	Kowhai = 1011	Kauri = 793	Totara = 636			

Representing the Cook Islands...

Tokoroa High School was well represented at the recent Cook Island games with **Mr Tereu** coaching and **Latia Fitzpatrick** playing for the Aitutaki women's team. Latia, aged 14, made an immediate impression by scoring two goals in her first game v Mauke and underlined her potential with some tidy passing in the other four games. Five games in five days in the tropical heat and rock hard playing surfaces proved challenging, but Latia will be all the better for the experience. Next years tournament will be a boys and girls under 18 and under 16 competition respectively.



A number of Tokoroa High School footballers will be making the journey home to represent their respective families.



The chance to honour their families by representing the Cook Islands at the Pacific Youth Cup rugby league tournament in Auckland was taken up by **Taylah Gillett**, **Raelyn Monga** and **Olivierre Kapene-Tereu** as they played in the under 16 grade.

The making of lifelong friendships and the creation of lifetime memories made the three days spent in Auckland a wonderful time for all. The girls capped off a great celebration of their culture by dancing on stage at the local Cook Island dance competition.



Question	OLIVIERRE	RAELYN	TAYLAH
Position	Second row/last man/sub!	Centre	Second Row/Centre
Village/Island	Ureia, (Aitutaki)	Amuri, Nikaupara, Reureuu (Aitutaki)	Ngatiarua (Atiu)
Big Hit or Legs Tackle	Big Hits	Big Hits	Big Hits
Weights or Speed work?	Weights	Speed	Weights
Favourite Player	Victor Radley (and Joseph Manu!)	Brian To'o (and Joseph Manu!)	Nathan Cleary (and Joseph Manu!)
League Dream	NRLW for the Roosters and Kiwi Ferns	Bets Player in the World	NRLW
KFC or MACCAS?	KFC	Maccas	KFC
Pacific or Forestland	Pacific	Pacific	Forestland
Queensland or New South Wales	Queensland	Queensland	New South Wales



KOWHAI



KAURI



TOTARA



Regional and National Awards

Regional Honours

Tokoroa High School Regional Representatives 2022

Latia Fitzpatrick:	Aitutaki Women's Soccer Team
Tellus Russell:	Bay of Plenty U19 Squash
Saawan Chandra:	2021 Waikato U15 Volleyball
Le Bron Tai Maea:	2021 Waikato U15 Volleyball
Dennon Maea:	2021 Waikato U15 Volleyball
Jo Maea:	2021 Waikato U15 Volleyball
Seajae Winitana-McCaskill:	2021 Waikato U15 Volleyball
Preston Solomon:	2021 Waikato U15 Volleyball
Douglas Winikeri :	2022 Waikato U17 Volleyball
Taylah Gillet :	Harlequins U16 Rugby Waikato U16 Rugby
Sasha Popata:	Waikato U16 Rugby Waioa Bay Stallions U16 Rugby League
Olivierre Kapene-Tereu:	Waikato U16 Rugby
Callum Ward:	U16 Upper Central Zones Stallion's Rugby League U15 Bay of Plenty Rugby League
Olo Petero :	U16 Upper Central Zones Stallion's Rugby League U16 Bay of Plenty Touch
Kiera Curtis:	Waikato Country U15 Basketball
Lyric Vano:	Waikato Country U15 Basketball
Bronson Curtis:	Waikato U15 Volleyball Waikato Country U15 Basketball 2022 Waikato U15 Volleyball
Nooroa Paora:	Waikato Country U15 Basketball 2022 Waikato U15 Volleyball
Hamiora Riki-Pahewa:	Waikato Country U17 Basketball
Lionel-Lee Reti-Tipene:	Waioa Bay Stallions Under 16 Rugby League
Ryan Mahanga Teokotai:	Waioa Bay Stallions Under 16 Rugby League
Jaye Redden:	Waioa Bay Stallions Under 18 Rugby League
Neva Mua:	Waioa Bay Stallions Under 18 Rugby League
Raelyn Monga:	Waioa Bay Stallions Under 18 Rugby League

National Honours

Tokoroa High School National Representatives 2022

Ryan Mahanga:	Teokotai Cook Islands Rugby U16
Olivierre Kapene-Tereu:	Cook Islands Rugby U16
Raelyn Monga :	Cook Islands Rugby U16
Taylah Gillett :	Cook Islands Rugby U16
Maiya Tuakana:	New Zealand Kī o Rahi
Kiera Curtis:	Basketball New Zealand U14 Development Camp
Lyric Vano:	Basketball New Zealand U14 Development Camp
Hezekiah Carlson:	Oceania Powerlifting Champion
Breanna Rodgers:	Junior Women's New Zealand Champion Motorcross
Nooroa Paora:	Basketball New Zealand U15 Development Camp The New Zealand Koru Tour to Australia Team
Bronson Curtis:	Basketball New Zealand U15 Development Camp Final trialist for the U15 Boys New Zealand Basketball Team (FIBA Asia Championships and FIBA World Cup) The New Zealand Koru Tour to Australia Team

Supreme Sports Awards

THS STUDENT SPORTS COACH OF THE YEAR

NOMINEES: Preston Solomon, Herbie McAuley, Carl Sobrepena, Mia Parker

WINNER: CARL SOBREPENA

TE KAHUI WHETU SPECIAL AWARD

BRAYDEN TAYLOR

MONIQUE WILLIAMS CUP FOR TRACK & FIELD CHAMPION

NOMINEES: Temaire Winikeri, Tinokura Daniel-Malietoa, Sasha Popata, Callum Ward, Moeroa Kamoe, Hami Riki-Pahewa

WINNER: SASHA POPATA

SPORTS TEAM OF THE YEAR

NOMINEES: Volleyball Junior Boys, Basketball Girls, Basketball Junior Boys, Basketball Senior Boys Team

WINNER: VOLLEYBALL JUNIOR BOYS AND BASKETBALL GIRLS

AMY TURNER TROPHY FOR TOP MĀORI SPORTS PERSON OF THE YEAR

WINNER: BRONSON CURTIS AND MAIYA TUAKANA

THS TROPHY FOR MOST OUTSTANDING ACHIEVEMENT IN AN INDIVIDUAL SPORT

NOMINEES: Breanna Rodgers, Hezekiah Carlson, Din Jitrak

WINNER: BREANNA RODGERS

THS TROPHY FOR MOST OUTSTANDING ACHIEVEMENT IN SPORT

NOMINEES: Maiya Tuakana, Bronson Curtis, Nooroa Paora, Hezekiah Carlson

WINNER: HEZEKIAH CARLSON

NATIONALS SPORTS TEAM OF THE YEAR

NOMINEES: Rugby League 1st XIII, Ki-O-Rahi, Turbo Touch Mix Team, Turbo Touch Boys Team

WINNER: TURBO TOUCH MIX TEAM

COWLEY AND MORRISSEY TROPHY FOR ALL-ROUND SPORTSWOMAN OF THE YEAR

NOMINEES: Sasha Popata, Maiya Tuakana, Moeroa Kamoe, Mia Parker

WINNER: SASHA POPATA

NEWBROOK TROPHY FOR ALL-ROUND SPORTSMAN OF THE YEAR

NOMINEES: Bronson Curtis, Callum Ward, Hami Riki-Pahewa, Nooroa Paora

WINNER: CALLUM WARD



WHANAU HOUSE TROPHY
WINNER: KOWHAI HOUSE



Sports Prizegiving

TRICKING

COACH: Misha Parkinson
Axilia Spam Dubz Award: Gus Wilson



EQUESTRIAN

THS Most Outstanding Equestrian: Kirsten Syben

CHESS

THS Chess Champion: Gianni Pene



GOLF

Barry Paltridge Trophy for Golf Champion: Din Jitrak

CYCLING

THS Cyclist of the Year: Taylah Barber

MOTOR CROSS

JTK Trophy Motor Cross Athlete of the Year: Breanna Rodgers



BADMINTON

TEACHER IN CHARGE: Beaudine Tahau
Most Improved Player: Ciarah Daine
Most Valuable Player: Carl Sobrepena

BADMINTON SPECIAL AWARDS

Badminton Sporting Player: Carl Sobrepena

FUTSAL

COACH: DEAN TEREU
Most Committed Player: Latia Fitzpatrick
Most Improved Player: Kaelin Savage
Most Valuable Player: Zoe Fraser



BOYS SOCCER

COACH: Dean Tereu
MANAGER: Heather Farr
Most Committed Player: Joseph Knight
Most Improved Player: Harrison Sunnex
Most Valuable Player: Alex Hounslow

GIRLS SOCCER

COACH: Dean Tereu and Rory Carroll-Maher
MANAGER: Antonia Raynel
Most Committed Player: Kirsten Syben and Ashlee Treleaven
Most Improved Player: Lineta Misa
Most Valuable Player: Zoe Fraser



SOCCER SPECIAL AWARDS

Dixon Cup for Player of the Year: Deyshawn Leaf-Wicky
THS Soccer Player of the Year: Alex Hounslow
Molleman Cup for the Most Improved Soccer Player: Kaelin Savage
THS Sport Trophy for Girls Leading Goal Scorer: Phoenix Harrison
Kerbers- Graham Cup for best contribution to Soccer: Zoe Fraser
THS Trophy Girls Player of the Year: Latia Fitzpatrick
Teague Trophy for Female Footballer with the Most Potential: Latia Fitzpatrick
Brian Tereu Memorial Trophy for Most Outstanding Soccer Player: Harrison Sunnex and Sonny Burnett

KĪ O RAHI

COACH: Shane Tito and Carle Hakaria
Most Outstanding Female: Jaye Redden
Most Outstanding Male: Callum Nairn



KĪ O RAHI SPECIAL AWARDS

E Pa Memorial Trophy Service to Ki o Rahi: Herbie McAuley
Tito Whanau Top Overall Ki o Rahi Player: Maiya Tuakana



TOUCH

COACH: Carle Hakaria
THS Most Outstanding Female: Maiya Tuakana
THS Most Outstanding Male: Olo Petero

Sports Prizегiving

RUGBY

GIRLS RUGBY

COACH: Francea Hansen

ASSISTANT COACH: Raquel Anderson-Pitman

MANAGER: Tairi Ford

Most Improved Player: Ryan Mahanga Teokotai

Most Committed Player: Sasha Popata

BOYS UNDER 15'S

COACH: Rosey Siaki

MANAGER: Dwayne George

Most Improved Player: Corby Bartie and Jaydis Vaevae-Daniels

Most Committed Player: Jack Grant

BOYS UNDER 16'S

COACH: Billy Maea

MANAGER: Billy Maea

Most Improved Player: Roman Reddy Te Mana

Most Committed Player: Espen Kennerley

1ST XV

COACH: Avin Winikeri

ASSISTANT COACH: Nooroa Manu

Most Committed Player: Avin Winikeri

RUGBY SPECIAL AWARDS

Puke Transport Trophy for Girls Forward of the Year: Sasha Popata

Oil Jet Hydraulics Trophy for Girls Back of the Year: Lara Brolly

THS Trophy for Girls Most Outstanding Player: Taylah Gillett

Surf Most Valuable Player of the Year: Te Arika George

U15 THS Trophy for Most Outstanding Player of the Year: Joseph Sinclair

U16 THS Trophy for Most Outstanding Player of the Year: Jason Rakich

THS Trophy for Most Outstanding 1st XV Forward Player of the Year: Presley Wallace-Ford

Grant Robinson Memorial Trophy for Most Outstanding 1st XV Back Player: Callum Ward

THS 1st XV Player of the Year: Callum Nairn

Max Kuka Memorial Trophy for Most Outstanding Rugby Player of the Year: Taylah Gillett

VOLLEYBALL

TEACHER IN CHARGE: Tairi Ford and Beaudine Tahau

JUNIOR BOYS

JUNIOR BOYS BLACK COACH: Preston Solomon

JUNIOR BOYS GOLD COACH: Natu Tumanuvao

Most Improved Player: Gordon Paora-Sunnex

Most Committed Player: Joseph Sinclair

Most Valuable Player: Nooroa Paora

SENIOR BOYS

COACH: Natu Tumanuvao

Most Committed Player: Le Bron Tai Maea

Most Valuable Player: Seajay Winitana-McCaskil

SENIOR GIRLS

COACH: Beaudine Tahau and Ashley Tahau

Most Improved Player: Sasha Popata

Most Committed Player: Olivierre Tereu-Kapene

Most Valuable Player: Taylah Gillett

VOLLEYBALL SPECIAL AWARDS

Volleyball JTK Most Improved Player: Bronson Curtis

Tokoroa High School Most Outstanding Volleyball Player: Preston Solomon

HOCKEY

COACH: Angela Taniwha

MANAGER: Kim Fraser

Most Improved Player: Sasha Popata

Most Potential Player: Zoe Fraser and Angel Dempsey

Van Hazzelt Cup Contribution to Girls Hockey: Jacqueline Colliar

Tokoroa Hockey Club Cup Most Outstanding Player: Janelle Bartie

CROSS COUNTRY CHAMPIONS

P. Barrett Trophy for Junior Girls Champion: Mia Parker and Eboni Kohere

THS Sport Trophy for Junior Boys Champion: Te Whetu-Lee Harrison Wheeler

THS Student Council Trophy for Intermediate Girls Champion: Breanna Rodgers

R.W.I.H.A Cup for Intermediate Boys Champion: Deyshawn Leaf-Wicky



Sports Prizegiving

TURBO TOUCH

COACH: Chantel Tavai and Carle Hakaria

GIRLS

Most Improved Player: Eboni Kohere

Most Committed Player: Duuel Winitana-McCaskill

Most Valuable Player: Chassidy Te-Whiu and Paige Kohere

BOYS

Most Improved Player: Corrin Cody-Pio

Most Committed Player: Herbie McAuley

Most Valuable Player: Herbie McAuley

MIXED

Most Improved Player: Olo Petero

Most Committed Player: Jaye Redden

Most Valuable Player: Callum Nairn

TURBO TOUCH SPECIAL AWARDS

Tokoroa High School Turbo Touch Girls Player of the Year: Jaye Redden

Tokoroa High School Turbo Touch Boys Player of the Year: Callum Ward

BASKETBALL

MANAGER: Chantel Tavai and Natasha

GIRLS

COACHES: Anna Vano

Most Improved Player: Emjay Tavai

Most Committed Player: Kiera Curtis

Most Valuable Player: Lyric Vano

JUNIOR BOYS

COACHES: Isaiah Vano and Hezro Vano

Most Improved Player: Arnaav Chand

Most Committed Player: Aura-Tera Tarama

Most Valuable Player: Kian Tetevano

SENIOR BOYS

COACHES: Christian Vano and Hezro Vano

Most Improved Player: Ali Winikeri

Most Committed Player: Bronson Curtis

Most Valuable Player: Callum Ward

BASKETBALL SPECIAL AWARDS

Jerry Cowley Memorial Cup for Most Improved: Kian Tetevano

Junior Basketball Player Male or Female: Kian Tetevano

Manu 5 for Most Potential Junior Boy: Nooroa Paora

E.Winder Cup for Most Potential Female: Mia Vano

Manu 5 Overall Attitude and Commitment to Basketball: Bronson Curtis

Vano Family Trophy for Best Defensive Player: Hami Riki-Pahewa

THS Top Female Basketball Player: Maiya Tuakana

Kingi Jo Trophy 'The Man': Bronson Curtis

J.M Watts Cup for Most Outstanding Male Basketballer: Callum Ward

NETBALL

JUNIOR 9 NINERS

COACH: Teokotai Tarai

Most Improved Player: Latoya Metuatini

Most Committed Player: Shalia Vaikai

THS UNITED NETBALL

Coach: Te Paea Riki-Pahewa

Most Improved Player: Nevaeh Reid

Most Committed Player: Kiera Curtis

Most Valuable Player: Latia Fitzpatrick

THS TIMBERWOLVES

COACH: Nancy Jo

Most Improved Player: Madison Fanning

Most Committed Player: Honey Rikona

Most Valuable Player: Isabella Erika

NETBALL SPECIAL AWARDS

Ngaio Reeves Trophy for Most Promising Year 9 Player: Shalia Vaikai

THS Junior 9A Player of the Year: Rutendo Shadaya

L Reid Trophy for Most Outstanding Year 10 Netballer: Kiera Riki-Pahewa

Kopu Trophy Overall Excellence and Commitment to Netball: Kiera Riki-Pahewa



Sports Prizegiving

RUGBY LEAGUE

RUGBY LEAGUE GIRLS

COACH: Reegan Ford & Alan Utanga

ASSISTANT Coach: Josh Te Kowhai

MANAGERS: Tairi Ford & Dean Tereu

Sportsmanship and Commitment: Paris-Manea Bennion-Lindsay, Neva Mua, Sasha Popata, Raelyn Monga,
Shannon Heat-Uatuku

RUGBY LEAGUE GIRLS SPECIAL AWARDS

Most Improved Player: Ryan Mahanga Teokotai

Rookie of the Year: Maiya Tuakana

Tackler of the Year: Sasha Popata

Angela Hodge Memorial Trophy for Most Valuable Player: Raelyn Monga

Joseph Manu Excellence in Rugby League and Academic Achievement: Sasha Popata

Raquel Anderson-Pitman Player of the Year: Neva Mua

RUGBY LEAGUE U15 BOYS

COACHES: Rosey Siaki, Kotiau Joseph and Carle Hakaria

Most Improved Player: Bailey Parker

RUGBY LEAGUE U15 SPECIAL AWARDS

Excellence in Rugby League and Academic Achievement: Bronson Curtis

Player of the Year: Tinokura Daniel-Malieta

RUGBY LEAGUE U16 BOYS

COACHES: Mr William Ford and Tama Teaukura

MANAGERS: Billy Maea

Most Improved Player: Joseph Maea

Most Committed Player: Le Bron Maea

RUGBY LEAGUE U16 SPECIAL AWARDS

Excellence in Rugby League and Academic Achievement: Saawan Chandra

Player of the Year: Joseph Sinclair

RUGBY LEAGUE 1ST XIII

DIRECTOR OF RUGBY LEAGUE: Mr William Ford

COACHES: Nooroa Manu and Tama Teaukura

MANAGERS: Billy Maea

Ono Kata Premier Player: Corrin Cody-Pio

Takiri Nooroa Memorial Trophy for Excellence in Rugby League and Academic Achievement:
Corrin Cody-Pio

Ricky Bennion Memorial Trophy for Sportsmanship and Commitment: Presley Wallace-Ford

Joe Horn Memorial Trophy for the Most Improved Player: Joseph Maea

THS Most Promising Player: Callum Ward

Ford Trophy for the Player of the Year: Hezekiah Carlson

ATHLETICS

ATHLETICS CHAMPIONS

THS Student Council Trophy for Junior Girls Champion: Temaire Winikerei

THS Student Council Trophy for Junior Boys Champion: Tinokura Daniel-Malieta

G.H.McEwen Cup for Intermediate Girls Champion: Sasha Popata

L.H Riley Trophy for Intermediate Boys Champion: Callum Ward

G Wilson Cup for Senior Girls Champion: Moeroa Kamoe

L.H Riley Trophy for Senior Boys Champion: Hami Riki-Pahewa

SWIMMING

SWIMMING CHAMPIONS

Francis Cup Junior Girls Champion: Mia Parker

THS Council Junior Boys Champion: Zealan Teaukura

THS Council Intermediate Girls Champion: Sasha Popata

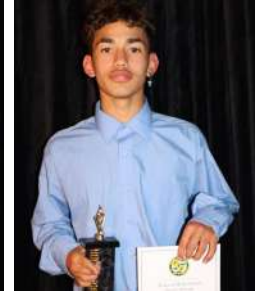
THS Marama-Lyon Intermediate Boys Swimming Champion: Bailey Parker

Francis Cup Senior Girls Champion: Brooke Jansen

G Francis Cup for Senior Boys Champion: Cade-Tutehiwi Seymour









Senior Prizegiving

YEAR 11 SUBJECT AND DILIGENCE AWARDS

Bronson Curtis	Professional Sports Pathways	Joseph Manu Award
Daniel McNae	Diligence and/or Service to the School	Tokoroa High School Student Council Award
Harrison Sunnex	Physical Education	
Jacqueline Colliar	Oratory	Marama-Lyon Trophy
Jaeda Watson	Hospitality	Cheyenne & Co Award
Jesse Parsons	Music Performance Digital Technology	
Jhanell Aballe	Mathematics Japanese Diligence and/or Service to the School	Tokoroa High School Student Council Award
Kaelin Savage	Geography	
Keely Millar	Mathematics for Numeracy	
Kylah McCabe	Mathematics with Statistics Business Studies History Art Diligence and/or Service to the School	Tokoroa High School Student Council Award
Lara Brolly	Building Construction Diligence and/or Service to the School	Tokoroa High School Student Council Award
Le Bron Maea	Music Diligence and/or Service to the School	Pacific Learners Incentive Award
Lionel-Lee Reti-Tipene	Te Reo Maaori	TRM trophy
Ngametua Heke-Tereroa	Contribution to Puna Wai Ora Diligence and/or Service to the School	Nigel Stuart Memorial Trophy Tokoroa High School Student Council Award
Olivierre Kapene-Tereu	Diligence and/or Service to the School	Tokoroa High School Student Council Award
Saawan Chandra	Health Sports in Education Mathematics	Hauora Trophy
Sasha Popata	Sports in Education English Diligence and/or Service to the School	Tokoroa High School Student Council Award
Sharidan Medina	Science Digital Technology Diligence and/or Service to the School English	South Waikato Veterinary Award Tokoroa High School Student Council Award
Terekia Monga	Cook Islands Maori Diligence and/or Service to the School	Talanoa Ako Award Pacific Learners Incentive Award



YEAR 11 TOP ACADEMIC AWARDS

Zoe Fraser	For all round talent, kindness, humility and effort	Memorial Cup 1971
Kylah McCabe	Top Academic Award with the most 1 st in class	THS Award
Saawan Chandra	Top Academic with the Most Excellences	THS Trophy



YEAR 12 SUBJECT AND DILIGENCE AWARDS

AJ John	Hospitality A deserving student returning to school next year	Paramount Services Award Combined Churches Trust Scholarship
Alex Hounslow	History A deserving student returning to school next year Oratory	PMD-Inc Ltd Combined Churches Trust Scholarship Ngapo Cup
Andrew Winikerei-Wilson	SIE English Photography Health A deserving student returning to school next year	Paramount Services Award Health Trophy Combined Churches Trust Scholarship
Ashlee Treleaven	Tourism	PMD-Inc Ltd
Ayce Thompson	Music Painting A deserving student returning to school next year Oratory	Paramount Services Award Bridget French Award Combined Churches Trust Scholarship Ngapo Cup
Callum Ward	Physical Education Professional Sports Pathways Diligence and/or Service to the School	Paramount Services Award Joseph Manu Award Bridget French Award
Chevy Thompson	Music Performance	Paramount Services Award
Chloe Aculana	Chemistry English	Chemistry Trophy Paramount Services Award
Corey Dalziel Takiri	Digital Technology	Paramount Services Award
Jade Cortesi	A deserving student returning to school next year	Combined Churches Trust Scholarship
Joshua Whareaitu	A deserving student returning to school next year	Combined Churches Trust Scholarship
Kye Matchitt	Diligence and/or Service to the School	Paramount Services Award
Kyle Munden	Building Construction	THS Award
Lyric Murray	A deserving student returning to school next year Te Reo Maaori	Combined Churches Trust Scholarship Raukawa Award
Maiya Tuakana	Physical Education	Paramount Services Award
Moeroa Kamoe	Cook Islands Māori	Ei Tarai Award/ Gift Sponsored "By Haina
Neva Mua	A deserving student returning to school next year Diligence and/or Service to the School	Combined Churches Trust Scholarship
Pete Kinney	Biology Geography Earth and Space Science A deserving student returning to school next year	South Waikato Veterinary Award Biology Trophy PMD-Inc Ltd Paramount Services Award Combined Churches Trust Scholarship
PJ Teinangaro	A deserving student returning to school next year	Combined Churches Trust Scholarship
Taitum Miller	Mathematics Mathematics with Statistics Gateway Literacy English A deserving student returning to school next year Painting	BNZ Cup Paramount Services Award Gateway Trophy Moving Mountains Award Combined Churches Trust Scholarship Bridget French Cup
Tamatoa Wilson	Building Construction Theory Physics	Paramount Services Award South Waikato Veterinary Award
Te Rangitairi McKenzie	Te Reo Maaori Rangatira	Maori Women's Welfare League Te Reo Rangatira Trophy
Tui Elliott	Business Studies Top in Bay of Plenty Futures Academy	Graham's Paper Plus Cup Trades Academy Award



TOP ACADEMIC AWARDS FOR YEAR 12

Moeroa Kamoe	Best All Round Year 12 Student with the Most Internal Credits	Newbrook Cup
Chloe Aculana	Top Academic with the Most Excellences	Lions Cup

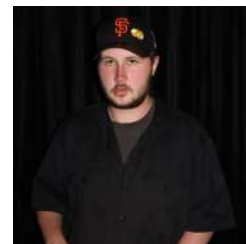
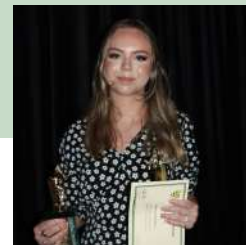
YEAR 13 SUBJECT AND DILIGENCE AWARDS

Ameya Russell	Geography English Mathematics with Statistics	Lions Club Tokoroa District Award Waikato Graduate Women Educational Trust Award English Trophy South Waikato Veterinary Award Statistics Trophy
Brayden Taylor	Excellence in Te Kahui Whetu Diligence in Trades	Trades Award
Bree Williams-Healey	Diligence and/or Service to the School	Raukawa Award
Charla Stretch	Business Studies Biology Communication and Cooperation	Pitstop Award South Waikato Veterinary Award THS BOT Award
Cody Habib	Excellence in Te Kahui Whetu	Raukawa Award
Corrin Cody-Pio	Physics Mathematics with Calculus Top Pacific Student in Mathematics	South Waikato Veterinary Award Calculus Trophy Howard Rota Trophy
George Nathan	Tourism Digital Technology Building Construction	Lions Club Tokoroa District Award Lions Club Tokoroa District Award
Gianni Pene	Communication and Cooperation	THS BOT Award
Herbie McAuley	Most outstanding student in SIE	E Paa Memorial Taonga
Jaye Redden	Most outstanding student in SIE	E Paa Memorial Taonga
Joseph Knight	Chemistry Top Science Student Most outstanding past student of David Henry School	South Waikato Veterinary Award Elder Cup Tamara Thorn Cup
Josh Aculana	Art Top in Bay of Plenty Futures Academy	Gateway Glass Award Trades Academy Award Trades Trophy
Karasharn Hunter	Sports Academy	
Miiana-Tupuna Ngatamariki	Health Cook Islands Maaori Winner for Waiariki Speech Competition for Cook Islands Maori Performing Arts	Health Trophy Ei Tarai Award "By Haina" Giftpack Waiariki Trophy Trebilcock Cup
Peter Barlow	Music Performance Earth and Space Science	Paramount Services Award South Waikato Vet Services Award
Porter Kennerley	Communication and Cooperation	
Porter Pascoe	Music Outstanding Contribution to Music Creative Arts Year 13 Oratory	Gateway Glass Award Lawry Cup Bridget French Award and the Creative Arts Cup Ngapo Trophy Ngapo Lipscombe Law Award
Sonny Burnett	Diligence and/or Service to the School	Gateway Glass Award Ngapo Lipscombe Law Award
Tayah Cox	Hospitality Diligence and/or Service to the School	Paramount Services Award
Te Atamira Karepe	Physical Education	
Thirell Naidoo	Diligence and/or Service to the School	
Tiana Manu-Griffin	Health History Entrepreneurship Contribution to Te Rito Excellence and Service to the School	Health Trophy Paramount Services Award Young Enterprise Entrepreneur Award \$250 Flight Centre Voucher Te Rito Trophy Kelly Cup Waikato Graduate Women Educational Trust
Tiriti-Manawa Hunapo-Moetu	Te Reo Maaori	



TOP ACADEMIC AWARDS FOR YEAR 13

Hezekiah Turia-Carlson	Academic Excellence by a Cook Islands Student Diligence, effort, performance and humility.	Maea Cup Talanoa Ako Award of \$250
Corrin Cody-Pio	Top All-round Pacific Student	Tere Tangaroa Cup
Tiana Manu-Griffin	Academic Excellence by a Maaori Student	Ngatauiwi Lloyd Ngapo Trophy
Ameya Russell	Academic Excellence by a student in Fortitudo Effort and Involvement across all subjects	Claude Reginald Trophy Council Cup



YEAR 13 LEADERSHIP AWARDS

Brooke Jansen	Student BOT Representative Contribution to Fortitudo Excellence in Peer Mentoring Outstanding Contribution to the School Community (Girl) Most dedicated school councillor Outstanding mentor for STARS	BOT Award Fortitudo Trophy Graeme Dingle Foundation Award Impact Photographic Voucher School Council Cup Graeme Dingle Foundation Award
Corrin Cody-Pio	Diligence, effort, performance and humility. Outstanding Contribution to the School Community Outstanding Leadership	Talanoa Ako Award \$250 Pacific Learners Intensive Award Solomon Leadership Cup
George Nathan	Integrity and Positive Role Modelling Diligence, effort, performance and humility. Contribution to Te Manava	Ryan Family Award Talanoa Ako Award \$250 Utanga Memorial Trophy
Isabella Erika	Contribution to Puna Vai Ora Ongoing commitment to THS & the wider Pasifika community	Rev Timote Turu Trophy SWPICS Award of \$200
Miiana-Tupuna Ngatamariki	Contribution to Puna Vai Ora Ongoing commitment to THS & the wider Pasifika community Diligence, effort, performance and humility. Communication and Cooperation	Rev Timote Turu Trophy SWPICS Award of \$200 Talanoa Ako Award
Robyn Pascoe	Integrity and Positive Role Modelling Outstanding Leadership	Ryan Family Award Solomon Leadership Cup
Brooke Jansen Corrin Cody-Pio	Most Outstanding student that epitomises the values of the Late Reverend Timote Turu	Te Tū o Turu Award



SCHOLARSHIPS

TRADES SCHOLARSHIPS

George Nathan	Toi Ohomai Secondary School Achiever Award Vocational Excellence	\$1,500 Scholarship Prime Ministers Award
Dennis Fuapau	Displaying qualities for tertiary success	Pacific International Hotel Management Award \$800
Honey Rikona	Displaying qualities for tertiary success	Pacific International Hotel Management Award \$800



STRATHMORE SCHOLARSHIP

Isabella Erika	For Tertiary Studies for an Ex-Student of Strathmore Primary School	Strathmore Scholarship \$500
Tiana Manu-Griffin	For Tertiary Studies for an Ex-Student of Strathmore Primary School	Strathmore Scholarship \$500

KASEY O'KEEFFEE

Miiana-Tupuna Ngatamariki	Year 13 who will be studying in the field of Arts	Kasey O'Keeffee Scholarship
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OTHER SCHOLARSHIPS

Brooke Jansen	Excellence in Science	David Johnstone Charitable Trust Award
Corrin Cody-Pio	Excellence in Science	David Johnstone Charitable Trust Award



AUCKLAND SCHOLARSHIPS

Gianni Pene

University of Auckland Scholarship

Waka Moana Scholarship worth \$20,000

Ameya Russell

University of Auckland Scholarship

University of Auckland Academic Potential Scholarship - Tier 3 \$6,000



WAIKATO UNIVERSITY SCHOLARSHIPS

Robyn Pascoe

Academic Readiness and Strong Community Spirit

Ko Te Tangata

Joseph Knight

Academic Readiness and Strong Community Spirit

Ko Te Tangata

Tiana Manu-Griffin

Academic Readiness and Strong Community Spirit

Ko Te Tangata

Herbie McAuley

Academic Readiness and Strong Community Spirit

Ko Te Tangata

Shakaiya Popata

Academic Readiness and Strong Community Spirit

Ko Te Tangata

Charla Stretch

Academic Readiness and Strong Community Spirit

Ko Te Tangata

Miiana-Tupuna Ngatamariki

Excellent Achievement and Connection to the Pacific Community

Pacific Excellence Scholarship



Corrin Cody-Pio

Excellent Achievement and Connection to the Pacific Community

Pacific Excellence Scholarship

Josh Letoa

Excellent Achievement and Connection to the Pacific Community

Pacific Excellence Scholarship



Hezekiah Turia-Carlson

Excellent Achievement and excelling in sport and leadership

Sir Edmund Hillary Scholarship

Peter Barlow

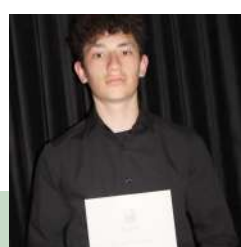
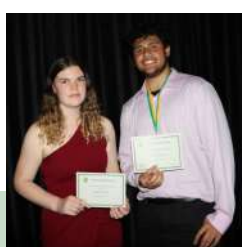
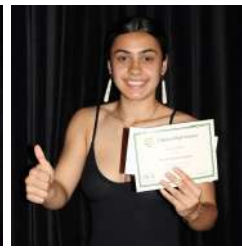
Outstanding Academic Excellence

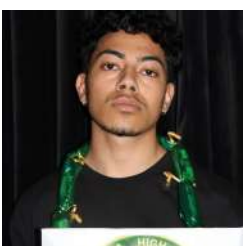
Te Paewai o Te Rangi

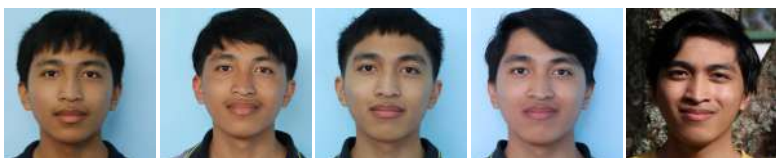
Brooke Jansen

Outstanding Academic Excellence

Te Paewai o Te Rangi





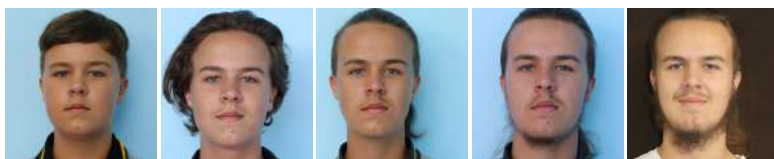


JOSH ACULANA

If you keep shooting your shots, you'll land a hit eventually

PETER BARLOW

Art is a line around your thoughts

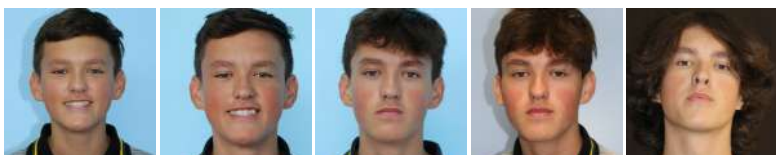


TERAU BEETS

Double Mac with da dauce!!!

PARIS-MANEA BENNION-LINDSAY

The way I see it, if you want the rainbow, you gotta put up with the rain.

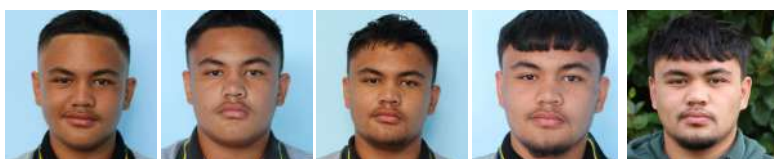


SONNY BURNETT

You may be talented but your not Kanye West

HEZEKIAH CARLSON

Put yourself first, set goals and be happy.



CORRIN CODY-PIO

Go to class, especially DGT

TAYLAH COX

I could really use a wish right now.

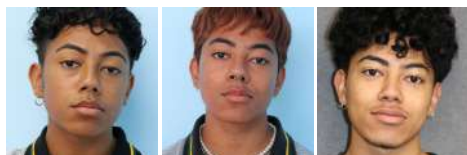
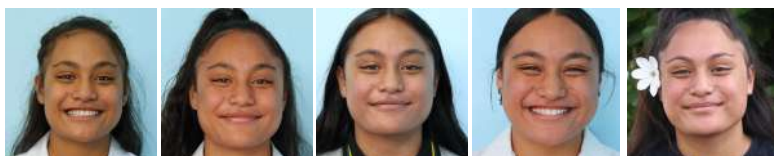


JYRIUS DUNN

It's Corona season but we're not talking about the virus.

ISABELLA ERIKA

When life gets hard, take a nap!

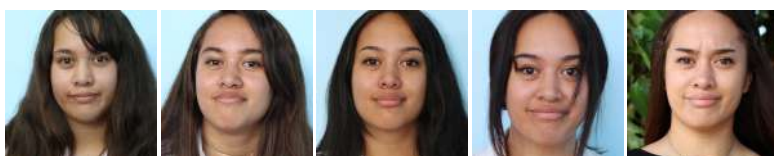


DENNIS FUAPAU

Jus get ya money

PARIS HEWETT

"The pessimist sees difficulty in every opportunity.
The optimist sees opportunity in every difficulty.





TIRTI-MANAWA HUNAPO-MOETU

If you don't take risk, you can't create a future.



KARASHAN HUNTER

Be yourself young blood



BROOKE JANSEN

Treat people with kindness



BRODIE TE ATAMIRA KAREPE



PORTER KENNERLEY

Honey, where is my super suit - FROZONE?



JOSEPH KNIGHT

Goats are like mushrooms, if you shoot a duck, I'm scared of toasters!



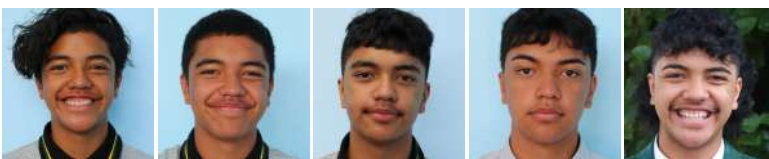
XIANTHEA KOHERE

Just finished my five year sentence!



JOSHUA LETOA

Oua sole, oua baby! 685 to the world.



AVEI LUATUA

Well, I made it this far.



TIANA MANU-GRIFFIN

Toi tu te kupu, toi tu te mana, to I tu te whenua.



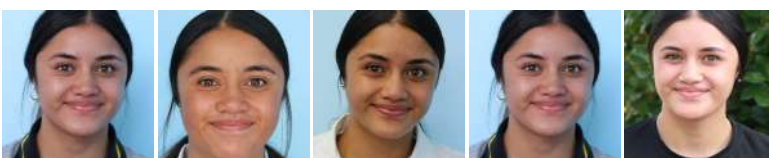
ANNETTE MAYES

Adidas 1 hour away, left on delivery 685 baby!!!



HERBIE MCAULEY

Hard work beats talent when talent fails to work.



ADRIANA MONGA

Cook Island to da world.



MEXIA MORGAN-TORO A

The skuxxest Deluxest.

THIRELL NAIDOO

Don't count days, make the days count.



CALLUM NAIRN

#Fire n Ice

GEORGE NATHAN

Not all goodbyes are sad.
Example: Goodbye School!

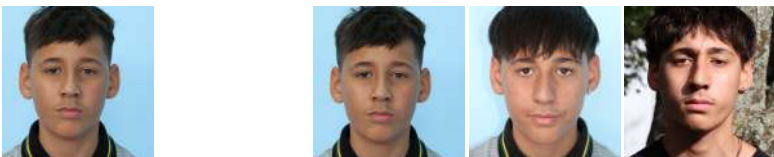


MIIANA-TUPUNA NGATAMARIKI

Do the mahi, get the treats.

ROBYN PASCOE

Before I knew nothing. Then I learnt a lot. Now,
I know even less.



GIANNI PENE

Germanium thulium oxygen neon yttrium

SHAKAIYA POPATA

Appreciate the small things in life and cherish
every moment.



JAYE REDDEN

Grass aint greener on the other side.

HONEY RIKONA

Everything happens for a reason.

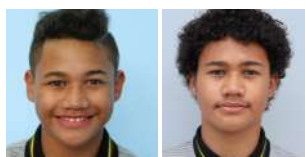


AMEYA RUSSELL

The only possible journey is the one you never begin

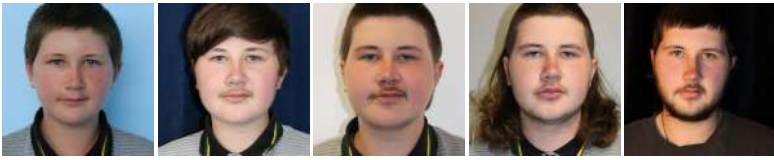
BENJI SAVAGE

It is foolish to fear what we have yet to see and
know.



CHARLA STRETCH

Be the reason someone smiles today :



BRAYDEN TAYLOR

Be yourself; everyone else is already taken.

DAMIAN TE MANA

Pimp Daddy!!!



SATIVAH TE PAIRI

Lowest Prices are just the beginning...

SKY THOMPSON

How hard would you play today If you knew you could play tomorrow.



VARN UNUKA

Later.

PRESELY WALLACE-FORD

I don't believe in magic. I believe in hard work.



BREE WILLIAMS-HEALEY

Fake it till you make it.

CASEY WHARE

Opportunities don't happen, you create them.

